

THE CHRONICLE

A Newsletter for the Residents of Canterbury Common
Port Perry, Ontario
www.canterburycommon.ca

REPORT FROM YOUR BOARD

Spring 2020
Jim Brady, President

As I look back on May 2019, I can remember talking to some of the others working on the new look for our Centre and commenting that ten months seems to be a long time to be out of The Centre and “how would we cope without it?” I never thought I would say thank heavens for a trailer, but “thank heavens for the trailer.” We have played cards, laughed, enjoyed Happy Hour, held committee and Board meetings and it has also been used by the Canterbury Transition Committee on a regular basis to plan for a much-improved community facility. It has also served as a facility to disseminate information to our residents.

As I write this report many finishing touches are being applied to The Centre with ongoing work to the exterior amenities such as landscaping, pool, fencing, patios, deck etc. expected to commence in April, depending on weather. Previously we related to you that, from day one, we were going to examine everything in our twenty- two year old Centre, using as our guide a measurement of needed efficiency and the reduction of future maintenance and operating costs.

In the fall and early winter, we replaced The Centre’s aging eavestroughs and rerouted the downspouts, which for many years were causing leakage problems. During time the shingles were being applied to the newly expanded east end roof CLDC reported that certain sections of the north end shingles had experienced weather-related wear and tear and should be replaced. Following our own inspection, we replaced the shingles. By working hand in glove with CLCD we saved considerable time and money in dealing with these types of issues while the building was in the course of construction/renovation and CLDC trades were already on site.

The installation of new east and north entrance doors is to take place in March as the outer doors have deteriorated with very noticeable rust holes in them. These doors will be equipped with hardware allowing for hands-free operation and be wheelchair accessible. When finished, the doors will be stylishly painted black with white trim. House and Property members will install the hardware required and work with the manufacturer to fit the doors into place. Over the front entrance will be a new CENTRE sign expertly crafted by one of our residents, Vince Bradbury.

To make the parking lot and other areas of The Centre building safer and more secure, we have had motion lights and cameras installed. Given that the new location of our swimming pool is at the back of the building and out of sight of the main road, additional security to observe activities in this area for resident safety and protection of our property from vandalism and unauthorized access became a necessity.

We also added a rented water softener and a reverse osmosis system to serve the new kitchen and rented new hot water tanks where required.

In March certain designated members of our House and Property committee will be permitted partial and supervised occupancy of The Centre for purposes of installing shelving units in the office and the west and south storage areas. These resident volunteers will also be completing painting of both the main floor bathrooms.

CLDC will also have all the painting completed on both the main and lower floors by month-end as well as the luxury vinyl flooring.

The installation of all new high-rise toilets in all bathrooms on the main floor, to replace our existing 20 years plus old toilets, will also be completed.

Continued on page 2

Nothing can be done to change the slope and width of the steps of the stairs leading to the lower level, to extend or change them in any way, but CLDC will install carpet on them and ensure that they are pleasing to the eye. The two hand railings will once again assist anyone using the staircase. Of course, we will now have a lift for anyone choosing to use it rather than the stairs.

At a later date, once we are more familiar with the new Centre facilities and its comfort level, we will explore the window covering requirements for the new main floor windows, which are already tinted and have UV protection. If deemed needed, we will initiate a research project to determine the appropriate type of window covering along with cost.

One of the very significant additions we negotiated with CLDC was to have them install at their significant expense a dividing partition that can be operated, when needed, to close and separate the main area of The Centre from the new section. This satisfies one of our key objectives to allow for the holding of separate functions at the same time and allow for more versatility and use of the expanded space available for different activities at The Centre .

We have been informed by CLDC's General Contractor in charge of construction work on The Centre that our residents will not be able to have access to The Centre until the General Contractor, the Township and other authorities having responsibility for such matters, approve issuance of a Resident Occupancy Permit. Such permission and the required Resident Occupancy Permit will not be provided until a consensus is reached that all necessary safeguards are in place and that such safeguards are capable of being fully implemented to keep users of The Centre safe from accidents having the potential to cause work site personal injuries or fatalities. CCRA's Liability Insurer will be looking to receive the same assurances.

We are working closely with both CLDC's General Contractor and the Township to determine when such a Resident Occupancy Permit might be issued bearing in mind that construction site activities will still be ongoing with the landscaping and other referenced exterior work still to be completed. This exterior work will require the continued presence of heavy equipment and trades operating on the property.

We will keep you updated and notify you when we get a firm date as to when our residents are able to resume occupancy of The Centre. Ongoing discussions are being held with the General Contractor and the Township to finalize a plan for Partial Resident Occupancy of The Centre to have us move back into The Centre the first week of May 2020.

I know we all want to get back in to our new facility as quickly as we can but nobody in authority, including CCRA, is going to compromise safety by allowing our residents premature occupancy of The Centre unless it can be done with all necessary safeguards in place protecting them against the risk of injury or worse by ongoing construction work activities on the property.

BOARD COMMITTEE REPORTS

ADMINISTRATION COMMITTEE

Murray Smith, Chair

I am very excited to present to you this report about what you will find at our new and improved Centre as there will be so many upgrades and additions inside and out. The improvements start right at the front door with our new F.O.B. system and it will make it much easier for all of our residents to enter The Centre. Our key F.O.B. system, which will make it even monitor who enters The Centre including all service workers. Also, as a marked improvement, you will find the front entrance is now completely wheelchair accessible. Best to keep your existing Centre key in case it is needed as a backup and also because it will still be the key you use for entrance to the pool.

As soon as you enter the main hall area you will notice that all of the carpet has been removed and a low maintenance, durable, luxury vinyl flooring has been installed throughout the main and lower levels. This is bound to increase the cleanliness and decrease the janitorial work. You will also pass by an enlarged coat room which allows you to walk right through it and into the main hall. On your right, where the library used to be, you will immediately notice our kitchen which is enclosed by a sliding barn door. In the kitchen you will find new kitchen counters, two mobile serving islands, two



refrigerators, a new mobile warming oven and two microwaves. The kitchen will also have a water softener as well as a reverse osmosis unit to provide pure drinking water. New hot water heaters have been installed both up and downstairs and all the toilets in the building have been replaced with comfort height models.

All of our banquet dining tables will feature custom made coverings and are accompanied by new straight back chairs. Chairs with arms, for the newly purchased card tables, have been built to our specs and all the chairs have been fitted with durable metal glides making them easier to move around. In order to decrease the workload and reduce the danger of injury we have purchased specially designed carts to ease handling when storing the chairs. In addition, we will have other carts that will hold up to ten tables each and will be of great use when setup or break down is happening. The carts will also serve as storage vehicles for the tables when not in use. Additional shelving units and storage space has been added to provide us with much more flexibility.

A newly designed and airy library will provide a quiet area to read with lots of light and freshly circulated air. Our two large screen TVs on the main floor will enable residents even at the back of the room to enjoy presentations and the new sound system has been designed to emanate from the walls rather than from the ceiling to enhance the sound and clarity. Wi-Fi access points have been increased to ensure better reception.

A lift has been installed to the lower level and will be much safer for those who may have mobility issues than using the stairs. Cameras and lighting have been installed around the building to add to the security of The Centre.

As you will see the east side The Centre has been enlarged with a new section giving us additional space. To be able to use this efficiently we have installed a portable wall which divides the space from the main hall when required. When you look outside, the new and improved deck will have laminate flooring and therefore be maintenance-free. Our expanded pool will have in-pool lighting, which will enhance the view of the pool in the evening.

I haven't covered everything, but this will give you some idea of what's been happening so far. We have been without The Centre for what seems an eternity and I know it has been a huge hindrance to all of us. But the end is in sight and will surely be worth the wait. Despite all the hard work and expenses, we corrected so many issues during the rebuild that were easier and less expensive to resolve due to the construction that it became in the long run, a good thing. See you at The Centre soon.

COMMUNICATIONS COMMITTEE

Nora Senechal, Chair

As I begin my time as chair of the Communications Committee, I feel I must thank Martha Simmons for the wonderful job she has done over the last several years. I must also thank her for the help and pointers she has given me which make me feel I will be able to hold this position properly. The faces around the table at our committee meetings are changing again as some members have moved on to new activities. We will miss Martha Simmons' leadership and Lucille Huron's quiet presence; although they do not sit at the table with us we will miss Neil Simpson's neighbour profiles and Marg Jackson's pictures and collages. We are pleased to welcome Frances Hurst to the table and Ann Miles back to the table.

At this time, we are as a committee, looking at the structure and content of *The Chronicle*, to see how we can bring the community an excellent newsletter with more feature articles, recurring columns and information that is relevant to life in Canterbury. As such we will need some help in producing each issue. We need a new Secretary to prepare minutes from the four meetings held each year. We require a new Photo Coordinator as the photos in *The Chronicle* and on the website are enjoyed by all and lastly we would love to have some people interested in writing new columns and feature articles. If you would be interested in any of these positions please call me at 982-0601 or email chronicle@canterbury.ca.

In this issue we will learn a bit about updating our computers to Windows 10, some snippets of Port Perry history, Forest Bathing and a rather scary scam happening in parking lots around the country. Be sure to check out our new Blast From The Past section and see if you can guess who is in the picture.



FINANCE COMMITTEE

Lee Maher, Chair



Our CCRA Replacement Reserve Fund

What is a Replacement Reserve Fund (RRF)?

It is a separate Fund to be used solely for the purpose of paying for the replacement of the CCRA major common elements and assets of the corporation when they have reached their normal life expectancy. This includes The Centre structure and contents, pool, parking area and mail kiosk.

History of our Fund

Did you know that in 2001, the CCRA board determined that it was financially prudent and best for the interests of the residents to create the Fund? A study was done to determine individual components to be included, as well as, the cost to replace them with similar kind and quality.

Did you know that costs for upgrading, changing or expanding CCRA assets are not funded by the Reserve Fund but rather out of the Capital Fund or a special assessment?

Did you know that the RRF can only be attributed to costs > \$1,000.00?

Did you know that the amount of funds in the Reserve Fund is not considered surplus funds but rather to meet future requirements?

Why is the Fund now being used for The Centre’s renovation?

Geranium is renovating The Centre and replacing many of the components normally funded from the Reserve Fund. However, there have also been issues that surfaced during construction and renovation that needed to be addressed. As well the construction/renovation process provided a unique opportunity to replace items such as doors, tables/chairs and decks that were reaching the end of their scheduled life. Doing this work now was considered both efficient and financially prudent. Some of these costs have been jointly funded through the Capital and Reserve Fund.

What has been funded through the Reserve Fund?

The table below shows the projects and associated costs which have been funded from the Replacement Reserve Fund. The Fund had \$220,000 at the beginning of the 2019/2020 fiscal year. With both the completed and committed projects to date, the total costs will be approximately \$150,000 leaving a balance of approximately \$70,000.

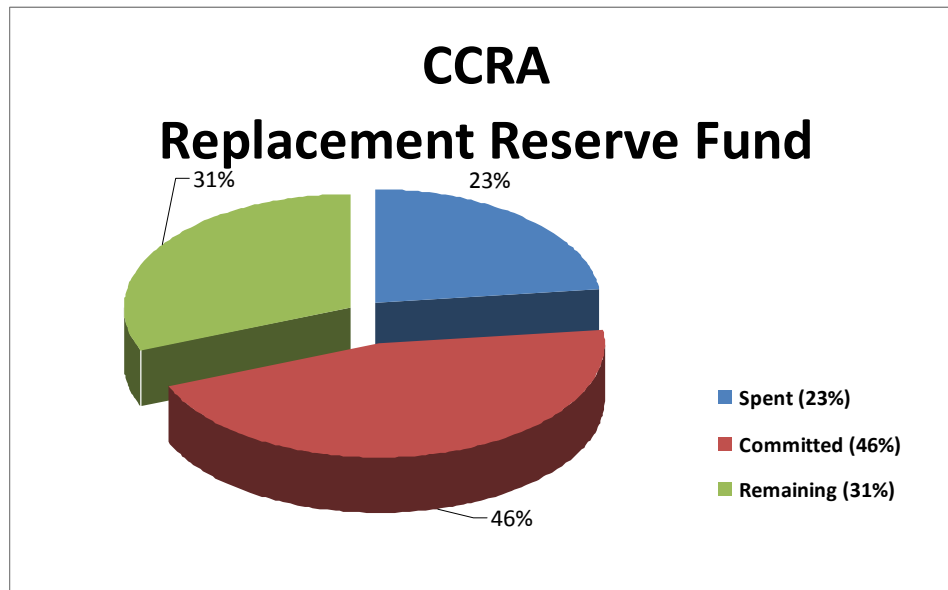
Completed Projects – approx. \$50,000	Committed Projects – approx. \$100,000
Sewer Inspection, pipe replacement, concrete work and cleaning out lines	New toilets
Front Doors (50% of total cost)	Front Doors (balance of total cost)
Pre-wiring for WIFI, telephone, TV & alarm system	WIFI access, TV & telephone, alarm system
Pre-wiring for Sound system	Sound system
Chairs (25% of total cost)	Chairs (balance of total cost); glides & shipping
Roof extension on north side	Replacement of eaves
Floor repairs	Card Tables
	Shelving
	Deck – engineering, supports, flooring, railing & surround



What happens next?

The majority of the items previously identified for eventual replacement will have been addressed in the renovation of the CCRA Centre, however not all components will have been refurbished/replaced. We will continue to require a healthy Replacement Reserve Fund.

With this in mind, once Geranium completes their construction and formally hands over The Centre (including the actual building, pool and surrounding lands), then the Finance Committee will engage MacLean, Simon & Associates to undertake a reassessment of CCRA'S future Reserve Fund requirements. This study is scheduled for late summer.



GOVERNANCE COMMITTEE

Gord Simmons, Chair

As we move from our regular Canadian winter into our long-awaited spring, we have to take stock of where we are and what we will need to be doing. The members of the Governance Committee have had a slight break in our regular duties and are now taking time to organize our thoughts about the upcoming building season.

The Home File

Most of you are probably aware that we currently have a filing cabinet with information on all 241 homes in Canterbury, by number and street, in The Centre office. This number will grow in the fall of 2020 by approximately 33 more houses as we add McCaw Court and welcome new friends and neighbours to Canterbury Common. Our files contain the data which allows us to access Governance-related information in an easy fashion. These numbered files contain sufficient information on each house to ensure that a record exists of all authorized builds or rebuilds under the Protective Restrictions. Based on the good works done by previous committees we have consolidated the electronic files and cross checked them against the hard copies located in the office files at The Centre.

Trees and Sightlines

One of our greatest assets in Canterbury is the willingness of our residents to consider the needs of others, so we would ask you to have a good look at your surroundings and, to paraphrase the words of a previous Governance Committee: *We hope that resident members planting trees on their property will carefully consider the effect, both immediately and after a number of years, on the sightlines of their neighbours.*

In order to ensure that sightlines are kept clear, we need to give more thought as to how we can work with you and your neighbours should our trees start to dominate the landscape and nullify the sightlines.

New Trees and New Common Areas

As a result of the successful negotiations CCRA carried out with the Township and Geranium Corporation to secure the undeveloped property surrounding us to ensure the end of any future development, we will have when all is signed sealed and delivered, upwards to 20 new acres of common area. It is the intention of the Canterbury Transition Committee to negotiate



BOARD COMMITTEE REPORTS

an arrangement to ensure that residents, both current and future, backing onto a common area have input into where the new trees are to be planted. As House and Property and Governance share the responsibility for caring for the trees and paying attention to sightlines, a joint effort between the two committees will need to be organized.

Any Changes to Structures? – Please call Governance

Each year we issue a reminder that each time a structure is to be changed or altered in any way the new structure must meet the requirements as prescribed in the Protective Restrictions and is subject to approval by the Governance Committee on behalf of the CCRA Board. The CCRA Board has clearly stated that nothing has actually been “grandfathered”, so should you find yourself in a situation where you are not sure of the status of your residence and the structures attached, feel free to give us a call and we will be pleased to provide you with information and guidance.

Selling your Home

Should you decide to list your home for sale, whether it is with a realtor or if you are selling privately, please call us and let us know if you need a copy of the Protective Restrictions to pass on to your buyer. Please be aware that this is a very important part of the disclosure process when you are selling in Canterbury. We don't want to lose you from our neighbourhood but are here to help you to make the process of selling as smooth as possible.

We need your Help

There will be a lot of interesting activity taking place within Canterbury which will involve the Governance Committee. Our current cadre of volunteers is interested in having new members join us who would like to take on an advisory role with our residents to interpret the Protective Restrictions in such a way as to maintain the unique qualities of our community while ensuring that the privacy and style of life of our residents is not infringed. Please call John Brewer, Tallya Moore, Gord Simmons or Frank Young and let's chat about how you might benefit yourself and your community by getting involved.

HOUSE AND PROPERTY COMMITTEE

Dave Sparling, Chair

The House and Property Committee has been busy over the last several months getting ready for the reopening of The Centre. New shelving has been purchased and installed in the storage areas, protective barriers have been erected around the water supply, we are preparing to install TVs for both the upper and lower levels, new doors have been installed on the main and north entrances and a fire department inspection has been arranged for placement of exit signs and extinguishers.

We are in coordination with other committees to ensure their requirements for equipment etc. are met. There is still a lot of work to be done and we will need willing volunteers to help us out. Please contact Dave Sparling at 905-985-8001.

SOCIAL COMMITTEE

Birgit Pullen, Chair

It probably comes at no surprise that all of our Social gatherings have been cancelled at this time, starting with our theatre excursion to "Come from Away". A special 'Thank You' to Ken and Frances Hurst who put in a lot of time and effort in organizing this event. We will try again in the future!

Information about the Covid-19 virus is changing daily and we can't count on this being over any time soon. Therefore, we are also cancelling the Canterbury Yard Sale planned for May 2nd. Of course, all future "Happy Hours" have also been put on hold. Lastly, our international Dinner that was planned for October will be postponed to April 2021.

Stay safe and healthy everyone! By adhering to the guidelines given by Public Health this too will pass and our community will be able to 'get back to normal' in the not so distant future.

COMMUNITY COMMITTEE REPORTS

MEN'S GOLF COMMITTEE

George Clapham

It's time to think about dusting off the golf clubs and cleaning up your golf shoes. Spring is here (actually, the day I am writing this article, we just had a 6 inch dump of snow but its mild today about +1C, and when you read this article, spring will be nearer)!

The 2020 Canterbury Men's League golf season is fast approaching.



COMMUNITY COMMITTEE REPORTS

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This is just a reminder that our 2020 schedule of events at Sunnybrae Golf Club starts soon.

Registration for Men's Golf is scheduled for April 21st at 10:30 a.m. at Sunnybrae Golf Club (if you come at 9:30 a.m. you can join us for a pre-registration breakfast, approx. cost \$10) and our first golf game in 2020 is scheduled for Tuesday April 28th (tee-off about 9:00 a.m. after a "complimentary" breakfast from Sunnybrae), so mark your calendars.

Go to our website at www.canterburymensgolf.ca and click on **2020-Golf-Schedule.pdf** to view our weekly golf games. You can even try to LOGIN to the website and see if you remember your PASSWORD from last season.

SCRAMBLE GOLF & SOCIAL

George Clapham, Chair

The Scramble Golf & Social Committee is looking forward to the 2020 season but at the time of writing this submission to *The Chronicle*, there are "unknowns". Primarily, when will Scramble be able to begin using The Centre for weekly Thursday events. Please watch for emails and postings at the Kiosk for more information.

Scramble registration is scheduled for Thursday April 30th from 11:00 a.m. - 1:30 p.m. and currently we expect it to be held at Marilyn Stafford's house – 83 South Garden Court (depending on weather it will be in her garage). Scramble membership remains at \$20 for the season. Crestwood Red Card, White Card and Golf Cart Packages (prices to be determined) can also be purchased.

Our first Scramble golf and social event will be held at Crestwood Golf Club on Thursday May 7th. It will be a shotgun start at 1:30 - 2:00 p.m. unless we are notified of a change.

When Scramble events resume at The Centre, we will require convenors for each event. We will advertise for Convenor volunteer signups when dates are known.

Looking forward to a long, "dry" golf season in 2020.

ACTIVITIES

At the time of printing this issue of *The Chronicle*, we once again have some challenges ahead for all of our activities. We do not have an exact date for the opening of The Centre and the COVID-19 virus is affecting public gatherings. Please look for all changes and updates on The Centre in future *CCRA Information Bulletins*. If you do not receive the *CCRA Information Bulletin* by email, it will be posted at the mail kiosk.

AQUAFIT

Eileen Walter
Nora Senechal

While the opening date for our new pool is still up in the air, we think now is a great time to do some planning. With the new pool schedule we will have aquafit every day of the week weather permitting. Our new time will be 11:00 a.m.- 12:00 p.m. and we will follow this schedule when the pool opens through to the end of the season.

Monday, Wednesday and Friday sessions will be led by Eileen Walter. These sessions will include the group of participants who have been part of the program for many years. If you would like to join this group please phone Eileen to add your name to the waiting list.

Tuesday and Thursday sessions will be led by Nora Senechal and will be open to all residents in Canterbury Common. These sessions will accommodate 15 participants in the pool at a time, on a first-come, first-served basis each session.

Please note: our aquafit leaders are volunteers and not certified lifeguards or instructors. You may call Eileen at 985-7704 or Nora at 982-0601 for more information.

Don't forget your pool noodle!



BID EUCHRE

Bev & Bruce Bone



If it's Monday night at 7:00 p.m. it must be Bid Euchre at the trailer. If you're interested in having some fun, playing some cards and catching up on local news bring a toonie and show up. If you think you would like to play but aren't sure, give us a call at 985-9732 and we'd be glad to teach you.

EUCHRE

If it's Wednesday night at 7:00 p.m. it must be Euchre at the trailer. See Bid Euchre for more details.

BOOK CLUB

Pat Procnier



On January 30th, the Book Club begins our 2020 year with *The Gown* by Jennifer Robson, continued on February 27th, with the book *I Let You Go* by Clare Mackintosh and on March 26th with *Educated* by Tara Westover. On April 30th we will discuss *Born A Crime* by Trevor Noah. We end our year on May 28th with a nice lunch out while discussing *The Quintland Sisters: A Novel* by Shelley Wood, a story of the Dionne quintuplets from the perspective of a young midwife.

As I have been chairperson of the book club for many enjoyable years, it is with regret that I will have to give up the position. Please contact me at 985-3775 if you are interested in leading this wonderful group.

LADIES' BRIDGE

Carol Hough
Jane Sibul



Ladies' Bridge is played on Wednesday afternoons at 1:00 p.m. year round. If you wish to play with a friendly group of ladies, please come and join us. Bring a loonie for prize money. New players are most welcome too.

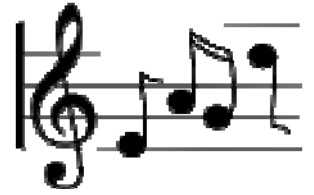
MIXED BRIDGE

Carol Hough
Barb Lindensmith



During the winter months mixed bridge will be played on Monday afternoons at 1:00 p.m. Please sign your name to the list on the bulletin board each week if you would like to play. Bring along a loonie for prize money and enjoy a relaxed afternoon of bridge. We would love to see some new players join the group.

CANTERBURY CHORUS



A big "Thank you" to everyone who made the Canterbury Carolling event held on December 12th a big success! We had about 20 people join us as we strolled the neighbourhood in very cold weather and sang Christmas songs to keep us warm. Lots of lights were on, nobody threw rotten tomatoes, and some kind folk gave us "fuel" for our walk - like the Gadsdens with delicious cider and goodies to keep our spirits up and Murray and Karen Smith with the offer of Bailey's chocolates! Mary Lou Burnett rang doorbells to alert residents that they were about to be serenaded; Brian Strachan accompanied and inspired us while trying to keep his coronet warm and Terry Cockerill directed to keep us in tune. Of course, the best part was Barb Willis inviting us in for wine and nibbles at the end of our tour! Everyone had a great time celebrating the Holiday Season and the success of the event.

Thank you again to all who participated in this successful event.

Members - keep your voices in tune as we are looking forward to the opening of The Centre so we can have our rehearsal space back to prepare for next Holiday Season. **INSIDE!**

The Canterbury Chorus

CRIB CLUB

Audrey Thompson



We continue to have fabulous turnouts and lots of fun in the trailer on Thursdays at 7:00 p.m.

Just bring \$ 1.50 for prizes and give it a try.

If you'd like a (refresher) lesson first give me a call.

THE KNITWITS

Robin Stamper
Jane Sibul

Trailer time for the KnitWits continues with the hope of a move soon.

We have met through wind, rain and snow to knit, crochet and chat. The results of a long winter are scarves, hats, mitts, shawls, blankets and all manner of other interesting items.



You are most welcome to join us every Friday from 1:00 p.m. on, in the trailer. Stop by and see what we are making or join us. Everyone is welcome.

ACTIVITIES

MAH JONGG

Carol Sambrook

Mah Jongg is played every Tuesday and Thursday at 1:00 p.m. in the trailer.

New members are welcome and we are happy to teach you how to play.



POWER WALKING

Hedi Hampel

We meet in the trailer Monday to Friday from 8:10 a.m. – 9:00 a.m. I am pleased to guide the “Power Walkers” five days a week as we exercise to a series of Leslie Sansome tapes engaging muscles of the upper and lower body.

This walking program improves range of motion, muscle conditioning and stretching to keep our bodies fit (and young?). No cost and no commitment.

Everyone Welcome.



SWIMMING POOL

Bill Gerber

Wow, can you believe it's been almost eighteen months since we've had a pool. There are still a lot of unknowns going into this season concerning the new pool but we must march on and be ready for whatever we have to deal with, so here we go.

With the hopes that we will be operating a pool this season it's time to start thinking about how we are going to operate it. As in the past, opening, closing, and testing are performed by volunteers. After a year off I hope everyone will be well rested and ready to go.

Over the last few months I've put out requests for volunteers and have had a fairly good response, but I'm not quite there yet. Along with the regular testers and maintenance crew, we also need a list of spares willing to do a test, or opening should it become necessary. Again, it's not a difficult procedure and only takes a few minutes of your time, so if you think you can help out or just have questions please contact me and I will be happy to assist you in any way I can.

On another note I understand that there will be a new swimming schedule as of this year. Please respect the pool hours and the reserved times. For more detailed information check out the Swimming Pool section on the CCRA website or you may contact me at 985-8595 or shannonandbill@hotmail.com.



SMILE OF THE DAY

David McBride

A truck driver was driving along the freeway and noticed a sign that read: Low Bridge Ahead. Before he knew it, the bridge was right in front of him and his truck got wedged under it. Cars were backed up for miles. Finally, a police vehicle came up. The cop got out of his car, walked to the truck driver, put his hands on his hips and said, “Got stuck, huh?” The truck driver said, “No, I was delivering this bridge and I ran out of gas.”

Later that day, as the kid who was stopped for speeding rolled down his window, the policeman got out of his vehicle and approached him saying “I've been waiting for you all day.” The kid replied, “Yeah, well I got here as fast as I could.” When the cop finally stopped laughing, he sent the kid on his way without a ticket.



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EXPERIENCE NASHVILLE, THE MUSIC CITY

SEPTEMBER 17 – 20th, 2020

NASHVILLE RESIDENCE INN/ SPRINGHILL SUITES

Includes breakfast daily

Standard Room:

\$1,624.00 (\$1,255.00 + 369.00 tax)

*Pricing is per person and based on double occupancy. Includes all taxes and fees

*Air only pricing, as well as single, triple, and quad occupancy pricing is available

*Non-refundable deposit of \$150.00 per person

*Final payment due by June 15th, 2020

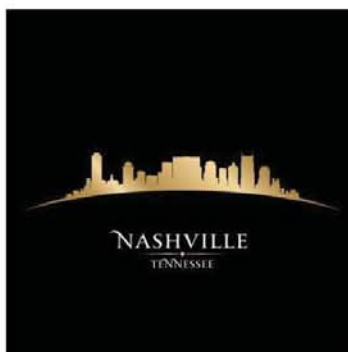
Unsure what to see and do in destination?

Make the most of your time in Nashville by joining one of our optional excursions!

Ask us for details!



virginia.frew@marlintravel.ca



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158 Casimir Street, Port Perry



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- Round trip airfare from Peterborough Airport aboard a private chartered plane
- 3 nights accommodation at the Nashville Residence Inn/Springhill Suites
- Breakfast daily
- Complimentary in flight snack/ meal & full beverage service (including up to 2 alcoholic drinks)
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- Free parking at the Peterborough Airport
- Access to the Stewart Tours lounge with complimentary food and beverage
- Free seat selection (additional cost for exit row and bulkhead)
- No rush hour traffic to contend with
- Pricing in Canadian dollars
- Easy and hassle free check in service from the comfort of your vehicle upon arrival
- VIP drive through baggage drop off. Just pop your trunk and leave the lifting to us
- Customs & security at the Peterborough Airport
- Short wait time before take off
- No baggage fees
- Onsite hospitality desk to assist with all travel questions, inquiries and requests
- Convenient and hassle free travel experience
- Cancellation coverage up to \$700 and interruption coverage up to \$800 for reasons outlined in the Manulife policy

**Top up insurance is highly recommended for complete coverage at final payment.*

**Terms, conditions and minimums apply for all exclusive Peterborough departures.*

**Subject to change, & CBSA approval*

Additional Peterborough Departures:

New Orleans, Louisiana – May 7th to 10th, 2020
Gander, Newfoundland – June 18th to 21st, 2020
Savannah, Georgia – October 1st to 4th, 2020



Peterborough Airport

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The Chronicle - Spring 2020

PORT PERRY HOSPITAL FOUNDATION



CIRCLE OF GRATITUDE

Foundation program provides opportunity to thank hospital staff while supporting hospital services

Have you ever wished that you could go back to thank a member of the Port Perry Hospital team for providing excellent patient care? With the Port Perry Hospital Foundation's Circle of Gratitude program, you can.

The Port Perry Hospital Foundation's Circle of Gratitude program allows patients and their loved ones to express their gratitude for the hard work and kindness they've encountered from a member of the Port Perry Hospital team by making a donation to the Foundation in their honour. When supporting the program, you not only acknowledge their dedication but also help improve care for others because funds raised through this program help purchase much-needed hospital equipment.

As part of the recognition, the special staff member receives a personalized message from the donor, as well as an exclusive Circle of Gratitude pin. If a team or unit within the hospital is recognized, they receive a Circle of Gratitude certificate instead of a pin.

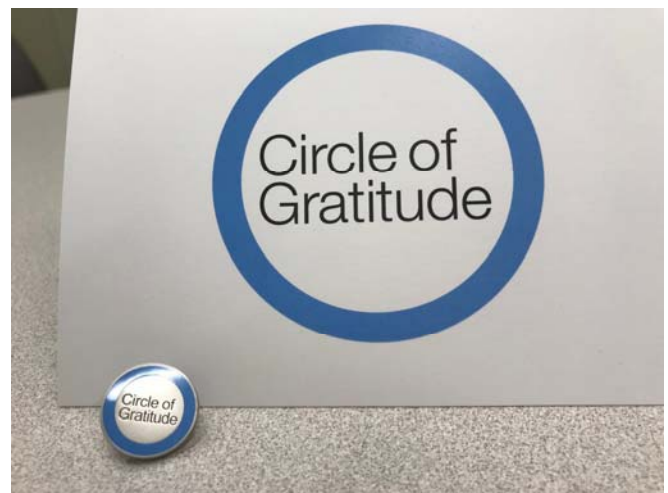
Since the program launched a little over a year ago, I'm proud to say that we've honoured amazing hospital staff from clinical and non-clinical areas throughout the hospital. From full teams to individual winners, I love attending their staff meetings, stopping by their clinics or surprising honourees in their offices at Medical Associates to share with them the words of praise from grateful patients and their loved ones. Their responses range from smiles and laughter to humility and tears of joy.

The Circle of Gratitude program makes a difference. Through the donations and kind words from the donors, this program is helping grateful patients to close the loop on their experience while reminding the honourees of the impact they have on people who come to our hospital for care. It has become one of the best parts of my job.

Recently we have started to recognize the Circle of Gratitude winners on our Facebook and Instagram pages. With each post, hundreds of people are liking, commenting and sharing the posts. It's been a great way for our community and hospital team to share in the celebration and recognition too.

If you'd like to recognize a staff member or team from the Port Perry Hospital for a job well done, please feel free to email me at ragnoluzzi@lh.ca or call the Foundation office at 905-985-7321 Ext. 45580.

Rachel Agnoluzzi
CEO, Port Perry Hospital Foundation





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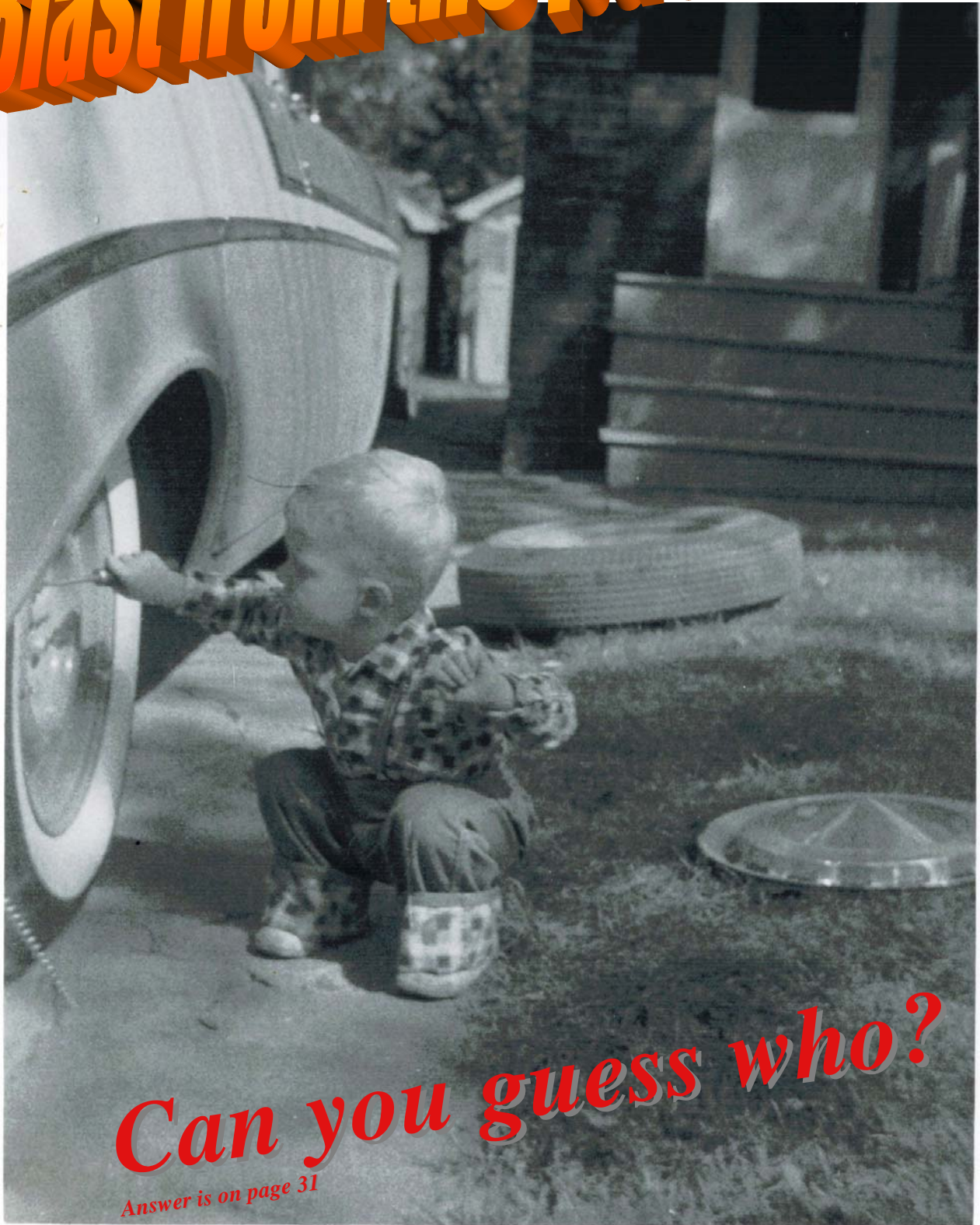
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Blast from the past!



Can you guess who?

Answer is on page 31



ONTARIO HEALTH CARDS

This is a reminder for anyone who may be using their original red and white OHIP card. On July 1st of this year this card will no longer be accepted by any health care providers. You may go to our local Service Ontario office located at 72 Water Street here in Port Perry to get your new photo health card. If you would like to contact them, the phone number is 905.985.0373.



Whether applying for a new or replacement health card, you must bring three original documents for proof of citizenship/immigration status, residency in Ontario and identity.

POOL HOURS

Our new pool has not even been opened for the season and already people are requesting changes to the new pool schedule. Please be aware that the pool schedule was drawn up by a committee of Canterbury residents who worked very hard to come up with a solution that will work for everyone, this new schedule has increased the “adult only hours” overall from 25% to 48%. With this in mind it has been decided that the Board will not consider any changes to the current schedule for the 2020 pool season.



Let’s see how this schedule works before we go changing it. Suggestions are welcome but keep them until the end of the season – after we have had a chance to see how well the current pool schedule works for the community.

MISDIRECTED MAIL

Many of us wonder what to do with misdirected mail. We contacted Canada Post on Queen Street and here are their recommendations. The first thing to determine is was the mail really misdirected. If you are receiving mail from a previous owner of your house that piece of mail has not been misdirected. Do not put this mail in the garbage.



Canada Post is legally responsible to deliver a piece of mail to the address listed on it. The best way to stop this is to mark NOT AT THIS ADDRESS and RETURN TO SENDER on the envelope and put it in the outgoing mail slot. It’s best to mark all over the envelope in large black lettering – this will ensure that the delivery person will not put it back in your mailbox by accident.

If you have received mail for another address altogether you should put it back in the outgoing mail slot to be properly delivered to the address listed on the envelope.

The Canada Post representative said that it is not wrong or illegal to bring the mail to the recipient yourself but did state that the delivery person will only be aware of the sorting problem when they see the envelope in the outgoing mail. If you continuously receive mail for another address, there is a complaint form that you may fill out online or at the Post Office.

NEW RECYCLING RULES

Whitby, Ontario – The Region of Durham, Works Department, is launching a new outreach campaign to remind residents that recyclables in clear or blue plastic or clear bags

are not accepted in Durham’s recycling program.



The campaign, which began on February 17, includes waste collectors marking recycling in plastic bags with a yellow sticker to remind residents to use Blue Boxes for recycling. The campaign goal is to discourage the use of plastic bags for recycling.

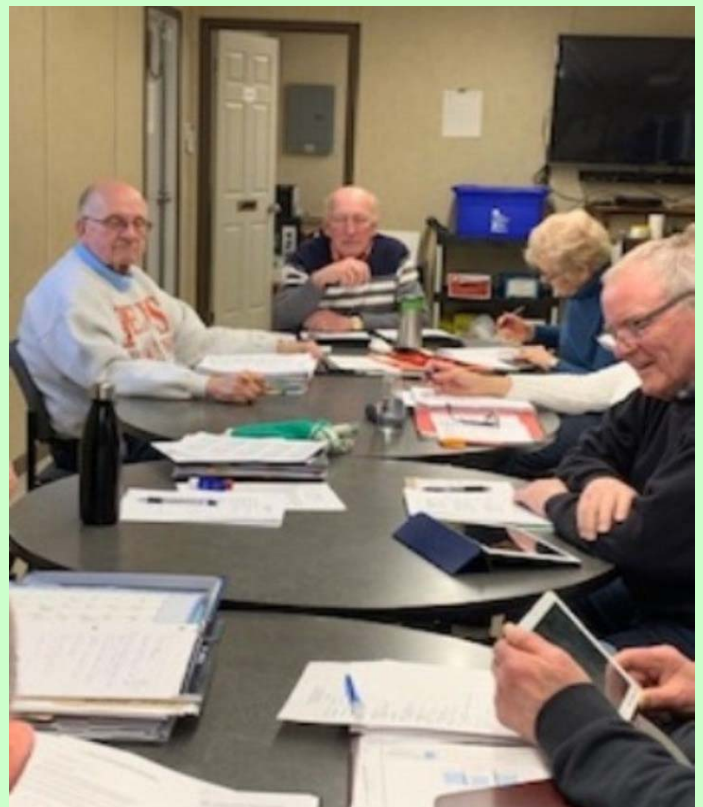
At the recycling facility, these bags can get caught in the sorting process and damage the equipment. Further, since single-use plastic bags are not recyclable, it creates excess garbage and contaminates other valuable recyclable materials, decreasing the value of recycling commodities. This also means that costs increase, as the materials must now be disposed of as garbage.

Often the recycling in plastic bags is not sorted between paper products and containers, or the bags include items that are not recyclable, which further diminishes the value of the recyclable materials.

For more recycling tips and information, like how to pack and sort your blue boxes and where to place an item you’re unsure of, visit durham.ca/Waste, call us at 1-800-667-5671 or use our Know Before You Throw tool available at durham.ca/KnowBeforeYouThrow. For information on receiving new bins, or replacing broken blue boxes or green bins, visit durham.ca/WasteBins. Some local municipal offices may also exchange broken blue boxes. Contact your local area municipality for details.

PHOTO GALLERY

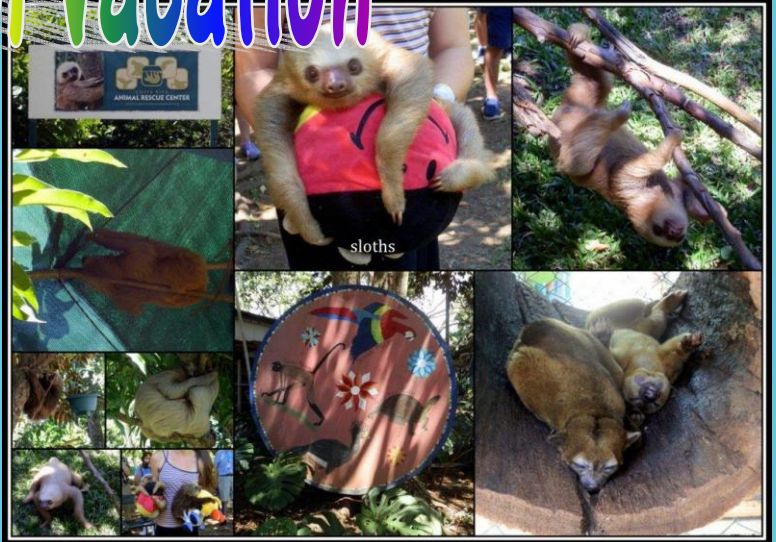
It has been a challenging year for Canterbury residents without our Centre. Our Social Committee has put their heads together and come up with some amazing plans for activities for residents to take part in. This winter some of our residents have come up with some great ways to get out and socialize on their own. We have some great pictures from a New Year's Eve lobster party, and some neighbours who enjoyed cruising when it was still safe. Enjoy their pictures!



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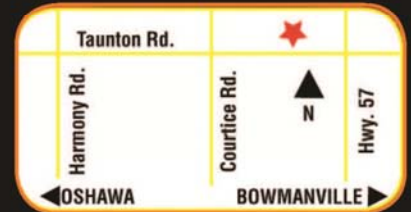
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Should You Upgrade to Windows 10?



This is quite an easy question to answer since there will no longer be support for Windows 7.

This means that as time goes on security issues will continue to develop and your system will become more and more vulnerable to attack. In my mind it is not a matter of “Will it affect me,” but rather “When will it affect me?”

Some persons may not have any reason to be concerned. People who use their home computer for web surfing, playing games and storing photos have a lot less to worry about. Your biggest worry will be that the software you use to accomplish these tasks gets upgraded and will no longer operate on your outdated computer.

Many of us however use our computers for email, shopping, paying bills and other tasks that we expose our money and identities to. Therefore, we must upgrade.

From what I can see (yes, I upgraded), Windows 7 and Windows 10 aren't a whole lot different. Many common functions were upgraded but a few things were lost as well.

Windows Media Center is gone in Windows 10, I lost use of Print Shop and from what I see several old media programs no longer work.

Professional computer support people also recommend buying a new computer if the one you are using is old. It will come with Windows 10 loaded so will save that cost. You could also keep your old computer disconnected from the web and use your outdated software on it and your Windows 10 computer for everything else.

In most of the things that really matter - speed, security, interface ease, compatibility, and software tools - Windows 10 is a massive improvement over its predecessors.

Here are the highlights listed in PC Magazine that will make you be thankful you updated. I will admit I have no idea what some of them are!

- Speed including faster start up
- The Start menu is back
- Cortana allows you to talk to your computer (like Siri)
- Universal Apps, movies and tv shows
- Touch – just like your smartphone or tablet
- Action Center with pops up messages, updates, and even breaking news
- A better Browser with unique features including, on-page text lookup with Cortana, the built-in sharing icon and the slick Fluent design.
- Security with ransomware protection and threat protection
- Virtual Desktops and Timeline to switch among several virtual desktops
- Xbox App you can stream games from the console to the PC
- Game Bar lets you snap screenshots, record screen video, control audio sources and broadcast your gaming session
- Better Screen Capture tool
- Supercharged Copy and Paste Clipboard
- OneDrive On-Demand Syncing lets you keep files in the cloud without taking up space on your local storage
- Smartphone Tie-Ins
- Voice Typing
- Dark and Lights Modes
- Nearby Sharing

PARKING LOT PROBLEMS

Being a resident of a small town like Port Perry you wouldn't think that you'd need to be wary of the people around you when you are running a simple errand. Last May my husband and I met up with my Mom for dinner. We were seated at one of the local restaurants in town just making small talk while we waited for our order to arrive.

We got talking about what we did that day. My Mom explained that when she was at Wal-Mart just getting into her car, a guy knocked on the driver's side window. He immediately went to look at the back tire. There was another guy with him. Mom cracked the window open a bit and asked him if something was wrong? He didn't answer and simply crouched down beside



the back wheel. Again she asked him, "Is anything wrong with my car?" This time he answered and asked, "Where did you get these tires from?" She said it was like he never seen the make before.

My husband and I were kind of puzzled because the tires on Mom's car are just simple Michelin tires. Common enough, nothing special and most people know of them. My husband expressed how unusual that was, but everything was OK and none of us thought anything more of it. That is, until the next day.

When we spoke, Mom told me she had just received a call from her bank who told her that there were fraudulent transactions on the credit cards that she had used at Walmart the day before. "Now I'm required to make a report to the police so they can investigate," Mom explained with frustration in her voice.

My Mom then began to tell me that there was more to the story about the two men lurking around her car the night before in the Walmart parking lot. The second man came around to the passenger side and asked if he could come in and before she could say anything, he entered her car and sat in the passenger seat. We think he was after her purse. The guy at the tire is distracting her while the other guy was trying to get her purse which is usually on the passenger's seat.

Luckily, Mom had her purse on her lap under her coat. The guy who got into the car asked her how she likes her car and some other small talk about it. She said they both seemed very kind. Then, all of a sudden, they both just ran off in a hurry

After I got off the phone with her, I thought about it some more. I called back to ask her if this incident with her credit cards happened the same day as the men were around her car. She said, "Now that I think about it, I never knew my cards were missing until the bank called." I advised her to also report to the police the two men as well as the fraudulent transactions on her cards. My Mom was sure she left the credit cards at the cashier; but I told her these two things happening both at the same place on the same day is too coincidental.

She took my advice and reported both incidences. The police told her that this happening all over Canada and she was required to give more information to the police on the matter of the credit cards. She was told that those men have been arrested. Mom was shocked and explained that she felt kind of stupid, but the men were so kind. The officer said, "I hate to put it this way, but they are professionals at their craft!"

Be on the look out when you are out and about even in a small town like Port Perry. You never know when someone might just try to take advantage of you.

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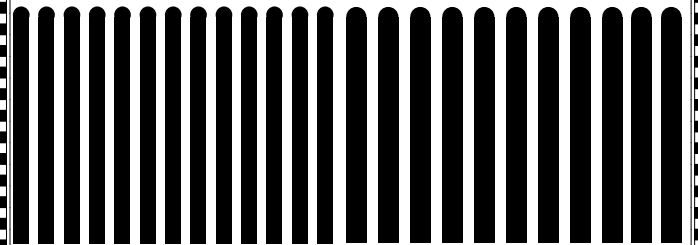
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Now, before you shed your clothes and go gamboling down the path by the lake in your altogether; keep your clothes on and learn about a peaceful technique that you've probably practiced many times without putting a name to it.

The phrase “forest bathing” is the English translation of the Japanese “shinrin-yoku”; shinrin meaning forest and yoku, bath. It simply means absorbing the sights, smells, sounds and feeling of being in nature.

Even though I was too young to be a “flower child”; oh, did I aspire to be one. I know there's a picture of me from the 70s sitting cross-legged, wearing a poncho and holding a guitar (that I couldn't play). I was also wearing a scowl, but I think that was more the product of being a teenager.

Part of being a “flower baby” to me meant eschewing the conventional and embracing the woo woo. I learned yoga at 16 and read endlessly about practices that improved your mental and physical well-being. One of these “out there” exercises involved sitting on the ground with your back nestled against a tree. The purpose was to calm your breathing and become “one with the tree.” Tranquil and strong.

Since then, I've touched, whispered to and walked among many a tree feeling a deep peace.

In a 2018 TIME article, Dr. Qing Li who wrote “Forest Bathing: How Trees Can Help You Find Health and Happiness” said, “The key to unlocking the power of the forest is in the five senses. Let nature enter through your ears, eyes, nose, mouth, hands and feet. Listen to the birds singing and the breeze rustling in the leaves of the trees. Look at the different greens of the trees and the sunlight filtering through the branches. Smell the fragrance of the forest and breathe in the natural aromatherapy of phytoncides. Taste the freshness of the air as you take deep breaths. Place your hands on the trunk of a tree. Dip your fingers or toes in a stream. Lie on the ground. Drink in the flavor of the forest and release your sense of joy and calm. This is your sixth sense, a state of mind. Now you have connected with nature. You have crossed the bridge to happiness.”

Forest bathing is something most of us can do. If you're not as mobile as you would like to be and a trip down to the path in the forest by the lake is out of the question; you can still enjoy the beautifully maturing trees here in Canterbury in your backyard. Watch the wind rustle the leaves. Let the rustle of the leaves quiet the chaos in your head. Let the chaos in your head waft away on the wind. You are at peace.

SNIPPETS FROM THE PAST

Ann Miles

This episode: Cars, Cows and Telephones



While searching the internet for information about a bowling alley in Port Perry which I dimly recalled as having been on the second floor of the building now occupied by Almost Perfect, I came upon Port Perry timelines and have enjoyed reading entries from 1900 to 1929. While many entries dealt with important matters, a few especially caught my attention, and although very serious at the time, I couldn't help but chuckle.

Cows on the street? As far back as 1908 a notice was posted that there were to be no cows allowed on the streets and roads of Port Perry after October 15th. Apparently, the cows did not heed the notice as in November 1910, Council authorized a plebiscite to be taken at the next municipal elections to determine whether or not cows should be allowed to run the streets of the town the following year. In May 1911, the cow is once again allowed to roam the streets. The following year, in May, comes the warning that you should shut your gates as cows will be on the streets again.

The problem never seemed to end. Cars were then arriving in Port Perry, and it seemed that the dust from these automobiles settling on the roadside grass was spoiling its taste. Cows were no longer enjoying munching on the grass. Cows were falling down on their job of keeping the grass cropped as they had done before the coming of the car. Council considered banning the cows. In May 1912, there were only 9 owners of cars on record in Port, and it seems strange that just 9 cars could produce that much dust to affect the grass. So, once again in January 1913 a by-law to prevent cows running loose on the streets apparently passed, but the entry indicates the by-law was well supported with 209 voting in favor of the cow on the street and only 93 opposed. Surely this can't be correct? In any event, after that time, I found no further mention of the "cow problem" on the streets of Port Perry and in my almost 20 years here, I have yet to see even one.

Telephone service was ramping up and in 1911 the Bell Telephone Office was completed and now had 2 public call cabinets and 4 operators working in shifts. In that same year Port Perry's population was assessed at 1,172 and in December there were 190 telephones on the Port local switchboard, with 100 more to be added by April 1913 there were 392 phones. I wonder how many land lines are still in existence here today given the fact that so many people use only cell phones.

Have a look at some of the information about Port Perry's past. And if you remember a bowling alley in Port Perry, I would love to know about it.



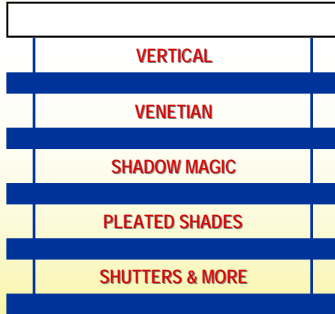
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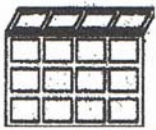
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Canterbury Common Residents' Association



Photo: Margaret Jackson

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Don Giffen	January 16, 2020

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Layout/Preparation	Wendy Lang		Linda Kaban
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