



Canterbury Common Residents' Association

127 Waterbury Crescent • Port Perry • Ontario • L9L 1S2 • 905-985-5258

CCRA INFORMATION BULLETIN

July 2022

Unfortunately, **KARAOKE NIGHT** has been postponed until further notice.
Tickets sold will be honoured at the re-scheduled event.

CCRA SWIMMING POOL VOLUNTEERS ARE URGENTLY NEEDED

Thanks to all the residents who have stepped forward to help with pool operations this summer. It is very much appreciated.

We did have a full roster but due to a couple of health-related issues and other conflicts we find ourselves short of volunteers.

We need to fill the Saturday 2:00 p.m. pool monitoring and testing for August and part of September. We realize now that we should also have more volunteers on our Spare list to make sure we don't run short next season.

What is involved?

Monitoring and Testing the Pool Water

This involves testing the pool water and doing a couple of other monitoring tasks (e.g., checking to make sure the emergency phone is working). It's not a big commitment but has a huge impact on successfully running the pool. It takes less than ½ hour. The added bonus is that it gets you to the pool for a swim after you test the water!

Testing the pool water every 4 hours is a requirement, mandated by the Durham Health Department, so we need to ensure that we have enough volunteers to fill the schedule.

Please contact Martha Simmons (simmonsmg89@gmail.com) if you can help. We would really appreciate it.

AQUAFIT

We are halfway through our summer 2022 season and have had some fantastic days in the pool. We are having a bit of a lower turn out this year. As a result, we would like to open Monday, Wednesday and Friday classes to people not currently on the "list". Priority will be given to ladies on the list but most days we have two to five spots open in the pool and would love to have others join us. These open spots will be on a first come first served basis and we will continue to have a 14-person limit in each class. It should be noted that in order to learn the exercises it would be best for beginners to attend Tuesday and Thursday classes where the pace is a bit slower.

CENTRE COVID GUIDELINES



1. Do not come to the Centre if you are not feeling well or have any of the COVID-19 symptoms

- fever or chills
- cough
- shortness of breath
- decreased or loss of taste or smell

2 or more of the following symptoms:

- runny nose or nasal congestion
- headache
- extreme fatigue
- sore throat
- muscle aches or joint pain
- gastrointestinal symptoms such as vomiting or diarrhea

2. Masks are recommended

3. Use hand sanitizer upon entry

4. Everyone cleans what they touch with the disinfectant wipes provided when done and the meeting/activity leader signs the Cleaning Log before leaving the Centre

Let's all do our part to help keep everyone safe!



The Administration Committee needs volunteers to help us keep our Centre running smoothly. Please get involved to help us with whatever needs to be done including setting up furniture for events and meeting support. Please contact Murray at 905-985-6786 for details.



Booking the Centre for Private Events, Meetings & Activities

If you wish to book the Centre for your Private Event, please email Suzanne Brolley at suzannebrolley@gmail.com.

If you wish to book the Centre for meetings & activities, please email Donna Easter @ mrsdonnaeaster@gmail.com or Suzanne Brolley at suzannebrolley@gmail.com.

CALENDAR FOR AUGUST

It was suggested that we add the calendar of events for the upcoming month to the bulletin so the calendar for August is attached for a guide to what's happening at the centre next month.

It is always a good idea, however, to check it on the website as occasionally activities are added or edited throughout the month.

iCal

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CIVIC HOLIDAY 8:10am Power Walk 9:30am Social Mtg 1:00pm Aquafit-Full 1:00pm Board Mtg 7:00pm Bid Euchre 7:00pm Crib 7:00pm Poker	2 8:10am Power Walk 10:30am Line dance 1:00pm Aquafit-open 1:00pm Mah Jongg 1:30pm Finance Mtg 3:30pm Line Dance 7:00pm Pool-L	3 8:10am Power Walk 9:30am H & P Mtg 11:15am Chair Exercise 1:00pm Aquafit-Full 1:00pm Ladies Bridge 7:00pm Euchre	4 8:10am Power Walk 1:00pm Aquafit-open 1:00pm Mah Jongg	5 8:10am Power Walk 11:15am Chair Exercise 1:00pm Aquafit-Full 1:00pm Knit Wits 4:00pm HAPPY HOUR	6
7	8 8:10am Power Walk 1:00pm Aquafit-Full 1:00pm Board Mtg 7:00pm Bid Euchre 7:00pm Crib 7:00pm Poker	9 8:10am Power Walk 10:30am Line dance 1:00pm Aquafit-open 1:00pm Mah Jongg 3:30pm Line Dance 7:00pm Pool-L	10 8:10am Power Walk 11:15am Chair Exercise 1:00pm Aquafit-Full 1:00pm Ladies Bridge 7:00pm Euchre	11 8:10am Power Walk 9:00am Scramble Set up 1:00pm Aquafit-open 1:00pm Mah Jongg 5:30pm SCRAMBLE DINNER	12 8:10am Power Walk 11:15am Chair Exercise 1:00pm Aquafit-Full 1:00pm Knit Wits	13
14	15 8:10am Power Walk 11:00am Chair Yoga 1:00pm Aquafit-Full 1:00pm Board Mtg 7:00pm Bid Euchre 7:00pm Crib 7:00pm Poker	16 8:10am Power Walk 10:30am Line dance 1:00pm Aquafit-open 1:00pm Mah Jongg 3:30pm Line Dance 7:00pm Pool-L	17 8:10am Power Walk 11:15am Chair Exercise 1:00pm Aquafit-Full 1:00pm Ladies Bridge 7:00pm Euchre	18 8:10am Power Walk 1:00pm Aquafit-open 1:00pm Mah Jongg	19 8:10am Power Walk 11:15am Chair Exercise 1:00pm Aquafit-Full 1:00pm Knit Wits 4:00pm HAPPY HOUR	20
21	22 8:10am Power Walk 11:00am Chair Yoga 1:00pm Aquafit-Full 1:00pm Board Mtg 7:00pm Bid Euchre 7:00pm Crib 7:00pm Poker	23 8:10am Power Walk 10:30am Line dance 1:00pm Aquafit-open 1:00pm Mah Jongg 3:30pm Line Dance 7:00pm Pool-L	24 8:10am Power Walk 11:15am Chair Exercise 1:00pm Aquafit-Full 1:00pm Ladies Bridge 7:00pm Euchre	25 8:10am Power Walk 9:00am Scramble Set up 1:00pm Aquafit-open 1:00pm Mah Jongg 5:30pm SCRAMBLE DINNER	26 8:10am Power Walk 11:15am Chair Exercise 1:00pm Aquafit-Full 1:00pm Knit Wits	27
28 Private Event	29 8:10am Power Walk 1:00pm Aquafit-Full 1:00pm Board Mtg 7:00pm Bid Euchre 7:00pm Crib 7:00pm Poker	30 8:10am Power Walk 10:30am Line dance 1:00pm Aquafit-open 1:00pm Mah Jongg 3:30pm Line Dance 7:00pm Pool-L	31 8:10am Power Walk 11:15am Chair Exercise 1:00pm Aquafit-Full 1:00pm Ladies Bridge 7:00pm Euchre			