CCRA INFORMATION BULLETIN

September 2022

Board of Directors

Lou Rocha

The Board of Directors met on September 12, 2022 via ZOOM. By-Law #1 Section 10 was amended with the addition of the following: "The Director elected to fill a vacancy shall have the same rights and responsibilities of the other Directors including the authority to vote and to serve as a liaison to a standing or ad hoc committee." The amendment is subject to ratification at the next Annual General Meeting on June 14, 2023. As a result of the amendment, Jim Worsley, Acting Liaison Director for House and Property, is a voting member of the Board. Jim is replacing George Clapham during George's medical leave. The Board also appointed Lauren Maher to the position of Acting Vice-President during George's absence.

The Board reviewed a report from the Canterbury Transition Committee with the results of recent meetings with Geranium and the Township of Scugog. Those meetings have addressed the south settlement pond beside Barry's Path, the Greenwood site, the berm between Candlelight and Simcoe and the grading between Holtby Court and South Garden Court. The report also indicated that the residents on Holtby Court should start arriving in November and December.

The Board revised the schedule for meetings to allow more time for the standing committees to submit their monthly reports. The calendar of meetings is posted on the new calendar in the Residents' section of the CCRA website. The next Board meeting will be held on October 17, 2022 at The Centre.

The House and Property committee has agreed to plow Barry's Path this winter. After reviewing the alternatives, the Board has recommended sand instead of salt or other chemicals because of the proximity to the settlement pond. The Board has also asked House and Property to continue its search for signage to indicate that Canterbury Common is an Adult Lifestyle Community. This matter was approved by the previous Board and has been delayed due to cost and installation concerns.

The Board formally accepted a number of new residents as Members of the Association: Chandike and Roschelle Tennakoon, Phil and Cristina Egginton, Debbie and Glenn Fair, Donna Goreski, Margaret and Gerry Schnurr, Susan Richards and Brian Hiscock, Dawn and David Wilson, Joan and Bob McLeod, Barb and Mike Mercer. Many of the new residents have attended the Meet and Greet meetings convened by the Administration and Governance committees at The Centre. The next meeting will be held in October after the next group of new residents has arrived.

The Administration committee presented the proposed swimming pool schedule for 2023. It was recommended by the new pool sub-committee that met twice in September. The pool committee reviewed the notes and submissions to the Town Hall meeting on July 18 and recommended a schedule that has been approved by Board of Directors. Please see the schedule attached.

GOVAXX

Murray Smith

The GOVAXX bus is once again coming to Canterbury. It will be here on September 24th in the north parking lot of the Centre. Hours are from 10:00 am - 6:00 pm. The first two hours will be reserved for Canterbury residents only, as it was the last time. First and second boosters as well as paediatric Pfizer vaccines will be available. No appointment will be necessary, just walk in. Please remember to bring your health card.

Communications

Nora Senechal

If you are a Committee Chair or an activity convenor or organizer please take note of the following:

In order to streamline the process of information distribution, the Communications Committee has set up a new procedure we are really excited about. We now have one place for you to send all your information. Using the email address communications@canterburycommon.ca, we will receive and distribute your information in a timely manner. When you send your information please indicate where you would like to have it posted – the options are the Electronic Message Board (EMB), website, The Monthly Bulletin, stationary bulletin boards (this is generally done by the organizers of the activity) and email blasts. You may choose one method, a couple methods of distribution or all of the above, just let us know what your needs are.

At this time, we would like to welcome Susan Allward to the Communications Committee. She will be the contact person for Information Distribution procedure. Please let Susan know how we as a committee can help you get your information to all Canterbury residents.

Finance Committee Update

Jim Cushnie

As your new Treasurer, this is my first report. We have a strong Committee with a good mix of former Treasurers and new residents reflecting the evolving demographics of Canterbury. We have formal communication channels through the Chronicle and by posting minutes of meetings in the Clubhouse. Informally please feel free to reach out to me if you have any questions or concerns.

Key highlights this period:

Assessment collection has gone well with only a few more to collect. Thanks to all residents for your attention to this very important process.

The land use committee has purchased some out door activity equipment for use by all residents including 3 picnic tables. The initiation fees paid by Geranium, when the new homes close will fund these purchases.

- The first quarter expenses are tracking to budget
- There is some risk that expected revenues from the new homes may be delayed.

Social Committee Update

Lauren Maher

Out of concern for the health and safety of our residents, we regret to announce the decision has been made to cancel our scheduled Oktoberfest and New Years Eve events for this year. Your enthusiastic Social Committee volunteers continue to meet and plan for future events. Watch for details to resume our popular Coffee Hours, and move our Happy Hours indoors, while consideration is being given to an "informal" Holiday gathering.

CCRA Calendar

Dave Streeter

Our CCRA calendar will soon be moving to a new platform. If you use the printed or posted version of the calendar you will not see very much change, but if you use the calendar through the CCRA website you will see more options to view the calendar. You will also be able to print the calendar yourself from the CCRA website if you have a printer.

You will no longer be able to view the calendar directly from the CalendarWiz website since the new platform is not supported by CalendarWiz.

Land Use Committee

Dorothy Bull

The Land Use Committee has been working with Board of Directors and the House & Property Committee. The Board of Directors has approved a plan to install 15 Benches. These benches will be placed throughout Canterbury Commons to enhance our enjoyment of our Green Space. Our hope is to build an even stronger community by providing resting places to enjoy nature, to relax, revitalize, share conversation and socialize. The Adopt-a-Bench program will allow residents to purchase a bench on a cement pad with an inscription chosen by the resident attached to the bench. The approx. cost of the bench & cement pad is \$ 2,400 and the engraving is extra. A number of people have already signed up for a bench. Look for more details in the next chronicle. For more information Please contact David Cooper 905-294-1247 or email davidrooper6789@gmail.com.

Chair Exercise

Jane Lawson

A new session of chair exercise has started and we have a new instructor. Right now, we have a backup instructor (he is actually the Coordinator for the Exercise & Falls prevention for the Durham CCAC) but we will be getting a permanent instructor. April Ferguson is an occupational therapist and physiotherapist assistant. The class limit is 20 participants and when our permanent instructor begins at the end of the month, we will meet Wednesday from 1:00 pm – 2:00 pm and Friday from 11:00 - 12:00. Until then, we meet from 1:00 – 2:00 Monday and Wednesday. I will be sending an email to everyone who participated in the last session once April's start date has been confirmed. Please contact me by email 42janelawson@gmail.com for information on the class. I have waiver forms for participants to sign with me before each class.

Pool Closing

Just a quick note to let you know that the last day for swimming in the 2022 season is Friday, September 23, 2022. The pool will be closed to swimmers on Saturday, September 24, 2022. We hope you enjoyed the season.

Zumba

Yolanta Melner

Are you looking for a new exercise group? We are trying to arrange a Zumba group to exercise in The Centre weekday mornings. Please email me at jolarubym@gmail.com if you are interested.

Meet and Greet

Murray Smith

There will be a "Meet and Greet" at the Centre on Monday, September 18th in the parking lot Between 1pm and 3pm. Terry Coyne and his team will host it. Terry is running for Councillor in Ward 5. This will provide our residents a chance to meet Terry on a casual basis to chat over a coffee.

The Centre is Open on Statutory Holidays

Admin. Committee

The centre is closed on only two holidays, Christmas Day & New Years Day. If you wish to continue your activities on a statutory holiday with a full or half group, please use the centre as normal. Your activities will remain on the calendar for you to decide as a group what you would like to do.

UPDATED COVID-19 GUIDELINES SEPTEMBER 1, 2022

Administration

The Ontario Government has updated their guidelines for anyone becoming ill with symptoms of COVID-19 and other respiratory illnesses (i.e. flu)

There has been an increase of people with COVID-19 in our Canterbury Community. Please stay isolated at home if you are unwell and follow the Ontario Health guidelines listed below:

- If you have symptoms of COVID-19, or any respiratory illness, stay home until symptoms have improve for at least 24 hours.
- If you have a fever, stay home until it's completely gone.
- If you have gastrointestinal symptoms, stay home until symptoms have improved for at least 48 hours.
- After isolating at home, wear a mask in public in all settings for a full 10 days from the onset of symptoms, even if you feel better. Avoid non-essential activities where mask removal is necessary (i.e. dining out)
- Avoid non-essential visits to vulnerable people or anyone at higher risk of illness (i.e. seniors) for a full 10 days starting the day after symptoms appear including visits to high-risk settings such as hospitals, long-term care and retirement homes.
- If you live in the same household or you are a close contact of someone who is ill or tested positive for COVID-19, mask in public places, even if you feel well, and avoid vulnerable individuals and settings for 10 days after exposure. Isolate immediately if you develop symptoms.

Please stay safe and let's all do our part to help keep our community safe.



Friday October 7thth, 2022
There are still lots of seats on the bus if you would like to spend the day in Niagara-On-The-Lake

We also have a few tickets left to see the performance! BOOK NOW! (Details below)

Option 1 - Theatre Package

Price \$185.00 (based on 28 passengers). Your ticket to Matinee performance, 2:00pm – 4:45pm Go on your own, walk to the shops and/or dinner

Option 2 - Shops at Niagara-On-The-Lake:

Price \$75.00 Arrive at Shaw Festival Theatre parking,! Walk to the Shops

Bus – meet at The Centre, Leaves at 11:00am sharp Box Lunch - Includes a sandwich, a few sides, water Meet Bus at 6:30 (approximately) Location TBD

Masks are optional

BOOK YOUR SPOT NOW!

Please contact Ken and Frances Hurst 905-982-2633 or 416-573-2767 Or email grove.fg@gmail.com

2023 Pool Schedule

	2023										
	May 19 to June 30			July 1 to Sept 4			Sept. 5 to Sept. 17				
	M-F	Sat	Sun	M-F	Sat	Sun	M-F	Sat	Sun		
9-10				Lane Swim / Exercise							
10-11	Lane Swim / Exercise			Open	Open	Open	Lane Swim / Exercise				
11-12	Open	Open	Open	Open	Open	Open	Open	Open	Open		
12-1	Open	Open	Open	Adult	Adult	Adult	Open	Open	Open		
1-2	Aquafit	Adult	Adult	Aquafit	Adult	Adult	Aquafit	Adult	Adult		
2-3	Adult	Adult	Adult	Adult	Adult	Adult	Adult	Adult	Adult		
3-4	Adult	Adult	Adult	Adult	Adult	Adult	Adult	Adult	Adult		
4-5	Open	Open	Open	Open	Open	Open	Open	Open	Open		
5-6	Open	Open	Open	Open	Open	Open	Open	Open	Open		
6-7				Open	Open	Open					
7-8				Open	Open	Open					
	Adult – Residents <u>and</u> Visitors (18+) / Open – Residents <u>and</u> Visitors All Ages										



October 2022

October 2022										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
						1 Private Event				
2	3 8:10am Power Walk 9:30am Social Mtg 11:00am Chair Yoga 1:00pm - 5:00pm Board of Directors-N 1:00pm - 4:00pm Mixed Bridge - South 7:00pm Crib/Poker/Euchre	4 8:10am Power Walk 10:30am Line dance 1:00pm Artisans - L 1:00pm Mah Jongg 3:30pm Line Dance 7:00pm Pool-L	8:10am Power Walk 9:30am H & P Mtg 1:00pm - 2:00pm Chair Exercise-South 1:00pm - 4:00pm Ladies Bridge -North 7:00pm Euchre	6 8:10am Power Walk 10:00am Coffee Hour TBC 1:00pm Mah Jongg	7 8:10am Power Walk 11:00am - 12:00pm Chair Exercise 1:00pm Knit Wits - South Hall 1:30pm - 4:30pm Duplicate Bridge . North Hall	8				
9	10 THANKSGIVING 1:00pm - 5:00pm Board of Directors-N 1:00pm - 4:00pm Mixed Bridge - South	11 8:10am Power Walk 10:30am Line dance 1:00pm Artisans - L 1:00pm Mah Jongg - South Hall 3:30pm Line Dance 7:00pm Pool-L	12 8:10am Power Walk 1:00pm - 2:00pm Chair Exercise-South 1:00pm - 4:00pm Ladies Bridge - North 7:00pm Euchre	13 8:10am Power Walk 10:00am Coffee Hour TBC 1:00pm Mah Jongg	14 8:10am Power Walk 11:00am - 12:00pm Chair Exercise 1:00pm Knit Wits - South Hall 1:30pm - 4:30pm Duplicate Bridge . North Hall	15				
16	17 8:10am Power Walk 9:30am Communications Mtg 11:00am Chair Yoga 1:00pm - 5:00pm Board of Directors-N 1:00pm - 4:00pm Mixed Bridge - South 7:00pm Crib/Poker/Euchre	18 8:10am Power Walk 10:30am Line dance 1:00pm Artisans - L 1:00pm Mah Jongg 3:30pm Line Dance 7:00pm Pool-L	19 8:10am Power Walk 1:00pm - 2:00pm Chair Exercise-South 1:00pm - 4:00pm Ladies Bridge -North 7:00pm Euchre	20 8:10am Power Walk 10:00am Coffee Hour TBC 1:00pm Mah Jongg	21 8:10am Power Walk 11:00am - 12:00pm Chair Exercise 1:00pm Knit Wits - South Hall 1:30pm - 4:30pm Duplicate Bridge . North Hall	22				
23	24 8:10am Power Walk 11:00am Chair Yoga 1:00pm - 5:00pm Board of Directors-N 1:00pm - 4:00pm Mixed Bridge - South 7:00pm Crib/Poker/Euchre	25 8:10am Power Walk 10:30am Line dance 1:00pm Artisans - L 1:00pm Mah Jongg 3:30pm Line Dance 7:00pm Pool-L	8:10am Power Walk 1:00pm - 2:00pm Chair Exercise-South 1:00pm - 4:00pm Ladies Bridge -North 7:00pm Euchre	8:10am Power Walk 10:00am Coffee Hour TBC 1:00pm Mah Jongg 2:00pm Book Club	8:10am Power Walk 11:00am - 12:00pm Chair Exercise 1:00pm Knit Wits - South Hall 1:30pm - 4:30pm Duplicate Bridge . North Hall	29 12:00am - 11:59pm Private Event				
30	31 8:10am Power Walk 11:00am Chair Yoga 1:00pm - 5:00pm Board of Directors-N 1:00pm - 4:00pm Mixed Bridge - South 7:00pm Crib/Poker/Euchre									