CCRA INFORMATION BULLETIN

November 2023

BOARD REPORT

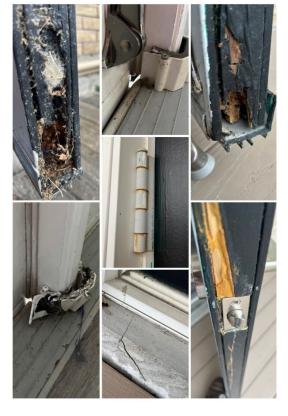
Lou Rocha

The Board of Directors met on October 28th and November 20th.

NEW DOORS AND WINDOWS

The replacement of the balcony doors and windows and the south fire exit in The Centre will proceed in the next few months. The 25-year old doors have been patched for several years and are rotting. The seals on the windows have exceeded their life expectancy by ten years and will be replaced together with the doors as a single unit like the current assembly. The units will consist of steel-clad doors and low-e argon filled thermal windows. Less expensive picture windows will replace two of the door assemblies. The Board has approved this work after extensive research by the House and Property Committee in consultation with three professional services. The lowest quote was selected and includes a 25-year warranty.

The \$42,000 cost of this major repair was not included in the budget for the current year because the extent of the deterioration was not fully understood and actual quotes were received after the budget was approved. The decision to proceed now will avoid future increases for



materials and labour that have occurred in other projects. It will also prevent leaks into the South Hall while addressing energy costs and security issues.

As reported last month, the cost of the work will be charged to the Replacement Reserve Fund (RRF). The fund is used to "replace capital items when they have reached the end of their normal life expectancy or serviceability". The Board has confirmed that the materials to be used are of "similar kind, quality and usefulness." Replacement with wood doors would cost significantly more.

The Finance Committee will undertake a review of the adequacy of the RRF in the coming months. This review may result in an increase to the RRF portion of the annual assessment.

SECURITY AT THE CENTRE

Residents are reminded to use their personal fobs when entering the Centre. Please do not wedge the doors open without permission. The front door was found open twice last month.

MEMBERSHIP RECORDS

All residents were asked to check the information in their Membership Record, which contains their phone numbers, email and emergency contacts. Replies were received from 283 of 340 homes and 98 corrections were recorded. The official records will be printed in early December and inserted into the Homeowner file for each address. The emergency contact information will be used to create the Emergency Contact binder, which is kept in a secure location at The Centre.

THE MODEL HOMES

Geranium has decided to sell the two model homes on Coulter Street. This is a change from earlier plans to use the homes as sales offices for another project. The Canterbury Transition Committee addressed the matter over the last few months.

SEEDING AND TREE PLANTING

Hydro seeding and tree planting has been done in the common areas around the homes on Holtby Court and the adjoining parkettes. Grading has started in the area between Simcoe and Candlelight with plans to complete the tree planting and hydro seeding before the bad weather sets in.

THE MEADOWS

The Board adopted the name "Meadows" for the areas that were the fairways on the Canterbury golf course. Representatives from Kawartha Conservation Authority and the 50 Million Trees Program presented information to the Board on the programs and available grants. The Board is planning a Town Hall meeting in the spring to present these ideas to the community.

ACOUSTIC BAFFLES

Durham Interior has completed installation of the acoustic baffles in the South Hall and most of the North Hall/Library. Many residents have noted the improvement in sound quality. The proceeds from the Wine Tasting and Auction on September 9 were used to pay for this project.

BY-LAW NO. 1

The updated By-Law No. 1 has been posted on the CCRA website. The Protective Restrictions are integrated with the document. The Restated Articles of Incorporation can be found in the same place. The By-Law is given to all new residents and to realtors who have listed properties in Canterbury. Residents may request a printed copy of the By-Law by contacting administration@canterburycommon.ca.

WELCOME TO CANTERBURY

The Board of Directors hosted 50 new residents at a special gathering on November 4. A short history of Canterbury was followed by presentations about the organization of the Association and the many activities and volunteer opportunities for residents. In the last four weeks 22 residents have joined CCRA committees.

VOLUNTEER COFFEE HOUR

The Board of Directors will host a coffee hour on December 7 at 9:30 a.m. for all residents who have volunteered in our community.

ADMINISTRATION COMMITTEE

Suzanne Brolley

There are so many activities to enjoy at the center. I hope you have found something that interests you. If not, please contact administration@canterburycommon.ca for new ideas.

The recent Fall Prevention class was a great success, thanks go to Jane Lawson for working with Durham Community Care on this project.

The next CPR class will be in the next few months, if interested please contact the email above.

The lost and found basket is in the cloakroom, please check it out if you have lost something.

There have been a few cases recently where fobs have fallen off from the lanyard. Please check the clip is still working properly and your fob is secure.

SAFE HOME IDEAS

The Chronicle Team

As seniors we have many challenges to keep ourselves safe at home. We would like to share your ideas and projects you have completed with our community in an issue of *The Chronicle*. Please let us know about any safety tips or fixes for our homes by emailing them to chronicle@canterburycommon.ca.

We are looking for community members with a desire to learn Bid Euchre. If you are one of those players that have an interest I will be glad to spend time with you going over the fundamentals before joining the players. We play on Monday nights at 7:00 p.m. A toonie gets you a seat at the table and a chance to win playing cards or one of the two door prizes. Contact Murray if you are interested at 905-985-0949

BIBLE STUDY AT CANTERBURY COMMON

Pauline Streeter

The Canterbury Common Prayer Group has decided to do a Bible Study once a month starting in January. This will be at 3:30 p.m. on a Wednesday at the Centre – start date to be decided. The leader will be Matt Usherwood Curate (or Associate Pastor) at New Song Church Port Perry who also lives with his wife in our community.

The book we are considering is called "Finishing Well: Biblical Lessons to Maximize your Later Years" by John Goodale and is published by Focus on the Family.

This is the write-up...

With the average life expectancy in America increasing during the last century from roughly 50 years of age to around 80, we have an opportunity to meaningfully live out additional decades previously unavailable to many. Finishing Well, by John Goodale, extends an invitation to make the most of the years still before you. The book explores fourteen biblical stories, offering personal reflection questions and application. From leaving behind a legacy to cultivating gratitude, you'll discover practical steps for living out the final third of your life. Filled with stories and humour, readers will find Finishing Well stimulating and easy to read.

If you are interested in joining us or finding out more, contact Pauline Streeter at (905) 982-0088 or write to paulinemstreeter@gmail.com.

Thank you. Hope that you will join us.

CHAIR YOGA

Sharon Stevens

The next session of our popular Chair Yoga classes will begin January 8th for 6 weeks. There are many restorative benefits to Chair Yoga, a gentle practice that helps improve flexibility and balance, as well as calming breathing techniques. All movements are done either sitting or standing, not on the floor. No previous experience is necessary. Registration sheets will be posted on the Board in the Centre. Stay tuned for announcements of future sessions. Looking forward to seeing you there!

SOCIAL COMMITTEE

Lauren Maher

November 28^{TH-} Final day for ticket sales 9:30 – 10:30 a.m.

For NEW YEARS EVE CELEBRATION

November 30^{th -} COFFEE HOUR – 9:30 a.m.

Guest Speaker Detective Martin Franssen

Durham Region Police

TOPIC: FRAUD PREVENTION, GRANDPARENT SCAMS

(Coffee Hours will resume in January 2024)

December 1ST HOLIDAY WINE TASTING 6:00 – 8:00 p.m.

December 2nd FOOD DRIVE for OPERATION SCUGOG FOOD BANK,

1:00 p.m. – 3:00 p.m. North Parking Lot, The Centre

December 31st NEW YEARS EVE CELEBRATION

8:00 p.m. – midnight

Watch for Details HAPPY HOURS: November 24th, December 8th, December 22nd

4:00 p.m.- 6:00 p.m.

CAROLLING IN CANTERBURY - Details coming soon

Print Return

DECEMBER 2023					
Mon 8:00 Power Walk - S 8:45 Social Committee 9:00 Shuffleboard - LL 9:45 Zumba - S 11:00 Chair Yoga - N 1:00 Mixed Bridge - S 7:00 Bid Euchre - N 7:00 Cribbage - N 7:00 Poker - S	Tue 8:00 Power Walk - S 10:00 Admin Cmte - N 10:30 Line Dance - S 1:00 Mah Jong - N 3:30 Line Dance - S 6:00 Power Walk Advanced - S 7:00 Pool & Darts	06 8:00 Power Walk -S 9:30 H &P Meeting - N 9:45 Zumba - S 1:00 Ladies Bridge - N 2:00 Strength Training - S 3:30 Prayer Group - S 7:00 Euchre - N	07 8:00 Power Walk - S 9:00 Shuffleboard - LL 9:30 VOLUNTEER RECOGNITION COFFEE - S 1:15 Exercise Class - S 1:00 Mah Jong - N 6:30 Jam Night - LL 7:00 Mexican Train - S	Fri 01 8:00 Power Walk - S 9:45 Zumba - S 11:00 Strength Training - S 1:00 Knit Wits - S 1:30 Duplicate Bridge - N 3:00 Event Set up - S 6:00 Holliday Wine Tasting - S 08 8:00 Power Walk - S 9:45 Zumba - S 11:00 Strength Training - S 1:00 Knit Wits - S 1:30 Duplicate Bridge - N 4:00 Happy Hour - S	Sat 02 1:00 SCUGOG FOOD DRIVI 09 10:00 Private Event - S
11 8:00 Power Walk - S 9:00 Shuffleboard - LL 9:45 Zumba - S 11:00 Chair Yoga - N 1:00 Mixed Bridge - S 1:30 Finance Meeting - N 4:00 GOVERNANCE MEETING - N 7:00 Bid Euchre - N 7:00 Cribbage - N 7:00 Poker - S	12 8:00 Power Walk - S 10:30 Line Dance - S 1:00 Artisans - LL 1:00 Exercise Class - S 1:00 Mah Jong - N 3:30 Line Dance - S 6:00 Power Walk Advanced - S 7:00 Pool & Darts -	13 8:00 Power Walk -S 9:45 Zumba - S 1:00 Ladies Bridge - N 2:00 Strength Training - S 7:00 Euchre - N	14 8:00 Power Walk - S 9:00 Shuffleboard - LL 12:15 Exercise Class - S 1:00 Mah Jong - N 7:00 Mexican Train - S	15 8:00 Power Walk - S 9:45 Zumba - S 11:00 Strength Training - S 1:00 Knit Wits - S 1:30 Duplicate Bridge - N	16 10:00 Private Event - S
18 8:00 Power Walk - S 9:00 Shuffleboard - LL 9:45 Zumba - S 1:00 Mixed Bridge - S 1:00 REGULAR BOARD - N 7:00 Bid Euchre - N 7:00 Cribbage - N 7:00 Poker - S	19 8:00 Power Walk - S 10:30 Line Dance - S 1:00 Exercise Class - S 1:00 Mah Jong - N 3:30 Line Dance - S 6:00 Power Walk Advanced - S 7:00 Pool & Darts	20 8:00 Power Walk -S 9:45 Zumba - S 1:00 Ladies Bridge - N 2:00 Strength Training - S 3:30 Prayer Group - S 7:00 Euchre - N	21 8:00 Power Walk - S 9:00 Shuffleboard - LL 12:15 Exercise Class - S 1:00 Mah Jong - N 6:30 Jam Night - LL 7:00 Mexican Train - S	22 8:00 Power Walk - S 9:45 Zumba - S 11:00 Strength Training - S 1:00 Knit Wits - S 1:30 Duplicate Bridge - N 4:00 Happy Hour - S	23 Private Event - S
25 Christmas Day 8:00 Power Walk - S 9:00 Shuffleboard - LL 9:45 Zumba - S 1:00 Mixed Bridge - S 7:00 Cribbage - N 7:00 Poker - S	26 Boxing Day 8:00 Power Walk - S 10:30 Line Dance - S 1:00 Artisans - LL 1:00 Exercise Class - S 1:00 Mah Jong - N 3:30 Line Dance - S 6:00 Power Walk Advanced - S 7:00 Pool & Darts - LL	27 8:00 Power Walk -S 9:45 Zumba - S 1:00 Ladies Bridge - N 2:00 Strength Training - S 7:00 Euchre - N	28 8:00 Power Walk - S 9:00 Shuffleboard - LL 12:15 Exercise Class - S 1:00 Mah Jong - N 7:00 Mexican Train - S	29 8:00 Power Walk - S 9:45 Zumba - S 11:00 Strength Training - S 1:00 Knit Wits - S 1:30 Duplicate Bridge - N	30 New Years Eve Se Up
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