

THECHRONICLE

A Newsletter for the Residents of Canterbury Common Port Perry, Ontario www.canterburycommon.ca



REPORT FROM YOUR BOARD

Summer, 2023 Lou Rocha, President

president@canterburycommon.ca

The Annual Meeting on June 14 was attended by 199 residents from 118 homes in Canterbury Common. There were 21 proxy forms submitted in advance of the meeting. The total of 139 met the quorum requirement of 102 which is one-third of the homes on record as of June 14. The community will grow to 340 homes by the end of 2023 as Phase 2 of the Geranium homes becomes fully occupied during the summer and fall. The quorum next year will be 113.

During the meeting the President thanked the directors who left the Board during the past year – Lee Maher, Ellen Brewer, Tom Phipps, George Clapham, Todd Glenn, Murray Smith and Lauren Maher. Five homeowners were elected and they will join four directors who are serving their second year. Following the meeting, the new Board elected its officers. Lou Rocha will continue as President. Jim Cushnie continues as Treasurer and Carole Johnson as Secretary. Malcolm Ward assumes the role of Vice-President. The Board appointed liaisons to the standing committees – Suzanne Brolley (Administration), Susan Allward (Communications), Jim Cushnie (Finance), John Nesbitt (Governance), Malcolm Ward (House and Property), Phil Egginton (Municipal) and Dorothy Bull (Social). The Board also appointed Lauren Maher to continue as chair of the ad hoc Nominations committee.

Justin Jones, auditor from Elevation CPA Professional, gave a "clean" report on the financial statements which were approved by the members. Jim Cushnie stated that the Replacement Reserve Fund study was scheduled to start by the end of June. This study contains critical information about future costs to maintain our facilities. Each of the committee chairs gave highlights from their annual reports and spoke about future plans for their groups. Ed Richards gave an update on the work of the Canterbury Transition Committee. The standing committees will elect their officers and report to the Board by July 15.

The major events of the past year were reported in the monthly Bulletin following each Board meeting. The reports highlighted the efforts to develop a Strategic Plan for Canterbury. A copy is on the CCRA website under the Board tab. The draft Vision statement is "Canterbury Common will be a high-quality community where residents enjoy an adult lifestyle". The Mission Statement begins with "To respect the past, manage the present and plan for the future". The strategic directions fall under the headings of Volunteers, Finances, Safety, Environment, Parklands, Partnerships, Community Spirit, Adult Lifestyle and Communications. There will town hall meetings during the summer to discuss ideas for the use of the integrated parklands that were acquired from the township.

The members approved the amendments to 27 sections of By-Law No. 1 to bring it into compliance with the Ontario Not For Profit Corporations Act, 2010. A motion was passed directing the President and Secretary to file the Articles of Continuance with the amended by-law after completing a NUANS name search. The amended By-Law No. 1 will be posted on the CCRA website and a printed copy will be delivered to homeowners upon request.

Many thanks to Murray Smith, Suzanne Brolley and the Administration committee for their work to organize the Annual Meeting. Thanks to Dot Clark and the distribution team from the Communications committee for delivering the 67 page meeting package to each home in our community. The new Board of Directors will meet on June 19. Board meetings are published on the Electronic Message Board at the entrance to The Centre.

ADMINISTRATION COMMITTEE

Murray Smith, Chair 2022-23

In order to make things easier during a difficult time in our lives, I would like to explain how our process works when one of our residents passes away. The Administration Committee is responsible for handling the procedure that CCRA has in place.

Firstly, the family would be required to notify any member of the Administration Committee of the passing. This information would then be passed on to the designated members of the committee who would act on the information. An Administration volunteer would then contact the family and explain the process. He/she would ask if the family would want to have the flag lowered in respect of the deceased resident. We would then require a copy of the obituary for posting on the bulletin board at the postal kiosk. If you wish, we could obtain the obituary if you care to advise us where the deceased is resting. The Obituary would also be placed on the hallway table just inside the front door of The Centre. CCRA also offers a small donation to a charity of the family's choosing: usually the Hospital or the Oak Ridgees Hospice.

Please direct any questions or concerns regarding this process to the Administration Committee.

COMMUNICATIONS COMMITTEE

Nora Senechal, Chair

Our Communications Committee has undergone many changes since I assumed the Chair several years ago. We now have an *Information Bulletin* that is presented to residents monthly, an electronic message board, email blasts for information distribution and a website that has been written by our own residents. We continue to produce *The Chronicle*, phone lists and other documents for Canterbury residents.

I am stepping down as Chair; it's time for some new ideas and new leadership. Susan Allward has agreed to take on this sometimes-daunting task. To ensure a smooth transition of responsibilities, I will be working with Susan over the next few months as she learns the many responsibilities of the Communications Committee.

Thank you for your support over the years. I ask you to welcome Susan in her new adventure as she assumes the reins of this wonderful committee.

FINANCE COMMITTEE

Jim Cushnie, Chair

Year end is a busy time for us as we tackle a number of year-end projects:

- Finalization of Annual Financial statements and Board approval
- Ongoing Annual audit process
- Annual Budget process (see article on the following pages)
- Preparation for the Annual Meeting
- Preparation for the annual assessment process
- The good news is we continue to be in a healthy financial position.
- There are some looming issues we need to address going forward. The work the Board is doing on strategic planning will help us identify and find solutions to continue to have a healthy association going forward.

GOVERNANCE COMMITTEE

Gord Simmons/Chad Johnson

APPROVAL PROCESS

Background

This year we are dealing with a record number of requests to approve projects and we expect that this level of activity will continue throughout the rest of 2023. To assist our newly arrived neighbours, we thought it timely to share with you the procedures The Governance Committee follows in order to approve a project. The Governance Committee works on behalf of and with the authority from the CCRA Board to interpret the Protective Restrictions with Canterbury residents to ensure that projects comply with the requirements as explained in that document.

Protective Restrictions can be found on the Canterbury Common Website by logging into the Residents pages, clicking on the heading CCRA Organization and then opening Standing Committees, Governance. You were also issued a paper copy when you bought your home. Assistance from the Governance Committee can be obtained by contacting a member of the Governance Committee or by emailing governance@canterburycommom.ca. The Governance Committee can only work with the Registered Homeowner or other third parties authorized in writing by the Homeowner.

Why

All projects for Decks, Gazebos, Hot Tubs, Patios and other changes to the outside of your home require approvals from both Governance and the Town to be sure they conform to Canterbury's Protective Restrictions and Town Bylaws. Should construction work outside your home be done without appropriate approvals from CCRA and the Township, the Construction may be ordered dismantled.

The Process

- 1. When a Homeowner has an outdoor project, which affixes or renovates a structure to the existing building they should contact the Governance Committee and request a visit. The Homeowner should have a drawing/diagram of the addition/project which has the measurements of, or changes to, the proposed structure illustrated.
- 2. The Homeowner, as a courtesy, should inform his/her neighbours, what the project will entail and determine whether they have any problems with the placement or size of the structure. You will be asked to confirm your neighbours have provided their consent to proceed. Governance can assist in resolving any disputes.
- 3. The Committee will provide the Homeowner with a pre-approval letter for the work to be done if it falls within the requirements of the Protective Restrictions.
- 4. The Homeowner must contact the Township and determine if the Township Requires a permit or approves the project to proceed. The number of the Township office is 905-985-7346 Ext. 169.
- 5. It is important to note that pre-approval from CCRA and Approval from the Township is required prior to work starting. Any Changes to the original project plan should be discussed with Governance before work begins.
- 6. Once the structure has been completed a final inspection will take place and if the structure has been built in accordance with the plans supplied and the discussions held, the Homeowner will receive a letter of approval, issued by the Governance Committee on behalf of the CCRA Board. It is advisable to file this letter with your other household documents as it is proof that your project has been approved as in compliance with the requirements of the Protective Restrictions. A copy is also maintained in our CCRA files.

Our committee members are always available to assist and guide Homeowners through the process, and given their experience, they can offer some helpful hints along the way.

HOUSE AND PROPERTY COMMITTEE

Malcolm Ward, Chair

BARRY'S PATH

Finally, the weather has co-operated and the anticipated path extension adjoining Barry's Path to south of The Centre has been completed.

POOL OPENING

The date of the pool opening was uncertain due to the scheduling problems with Aqua Tech, our pool service. We worked with the company to secure an earlier opening date. The time frame was early June.

CENTRE SIDEWALK CAUTION

The Centre sidewalk around the North and West sides of The Centre has sunk an inch or two where it joins the parking lot curb. The sidewalk will have orange paint to mark the area of concern, and to draw your attention to the uneven curb when walking in that area. We are presently working on a permanent solution

COMMON'S ENTRANCE

Access points for entry onto the CCRA West, East and McCaw Commons areas will be marked by green painted sections on the top of the curbs within the next month. This will help our residents identify the walking areas on the CCRA common lands behind homes.

MUNICIPAL AFFAIRS

Dorothy Bull, Chair 2022-23

Scugog Township is following up on several items that have been on the books for some time. A slip and fall hazard was reported on icy Township sidewalks, along Waterbury Crescent, just west of the pump house and north of The Centre. In the winter, after snow thaws, there is pooling in this area which then freezes. The pooling is caused by the soil and grass being higher than the sidewalk slabs. It has been referred for repair.

A resident reported excessive speed and noise from traffic in our community, from the stop sign in front of The Centre and west on Country Estates Drive to Simcoe Street. The concern is for the safety of Canterbury residents and excessive noise waking them from their sleep. Speed bumps weren't an option, so we were promised a Mobile Speed Radar to monitor the number and speed of vehicles. We hope this has calmed the situation.

Our residents on the east side of McCaw will have noticed that trees were recently removed from the Waterfront Trail behind their homes. One resident asked if these trees would be replaced, and the answer is no. The trees were removed because, with the proximity to homes and the trail, they were a threat to safety and property damage.

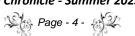
SOCIAL COMMITTEE

Lauren Maher, Chair

We are happy to report Social events have resumed at The Centre, and your Social Committee is planning some exciting events for the rest of the year. New volunteers have been welcomed to the committee. Many new residents have been welcomed to Canterbury, and we certainly appreciate the offers of help given to us.

Since the last *Chronicle*, we have hosted very informative COFFEE HOURS with speakers from Community Care, Durham Police, and a presentation of the preliminary Canterbury Strategic Plan. Coffee Hours will resume in October. HAPPY HOURS have been well attended, and will continue throughout the summer. Weather permitting, we will be outside.

The Centre was decorated in the 50's/60's theme for the very successful Let's Dance event. Special thanks to Kathy and Bob McLeod for planning the evening, and providing the music as we remembered the good ol' days.



Continued from page 4

The sun came out just in time for our Annual Canterbury Yard Sale, as many of us set up to sell the stuff "the kids don't want". From all accounts, it was a successful day.

HIGH TEA tickets sold out quickly, tables were set with treasured teacups, and tea was served in silver and fancy teapots, as many donned their fascinators, and fancy clothes, for the afternoon of scones and clotted cream along with a variety of sandwiches and sweets. We were delighted to have resident, Tara Laidley, put her fingers to the strings of her harp, as she provided music to make this a perfectly lovely afternoon tea.

Thanks to Birgit Pullen for organizing our PAINT & SIP evening. For \$20.00 many of us went home with a "masterpiece"!

We look forward to seeing you at our CANADA DAY event on July 1^{st} from 1:00 - 3:00 p.m. at The Centre. Join us in singing O Canada, and enjoy a BBQ with your Canterbury friends and neighbours.

Tickets were sold for the return of Harvey Graham's famous FARM TOUR, as many residents look forward to visiting local farms, sharing lunch together, and, as always, being entertained by Harvey (a former resident/president of Canterbury).

Watch for details of future events.... Oktoberfest, Halloween Karaoke, Holiday Events, and New Year's Eve to name a few. Have a happy and safe summer.

COMMUNITY COMMITTEE REPORTS

SCRAMBLE GOLF & SOCIAL

Robbie MacDonald, Chair

The 2023 Scramble Golf season has had a very successful start with a mostly dry and sunny May. We have welcomed many new members from the new residents of the Canterbury community.

We regret that registration is now frozen for the 2023 season due to the limits of the 9-hole golf course. Bi-weekly dinners at The Centre have resumed with full attendance giving us an opportunity to meet our new neighbours and old ones again. "Don't let bad shots ruin a game you're supposed to enjoy."



MEN'S GOLF George Clapham

Canterbury Men's Golf opened on schedule on Tuesday, April 25th. The weather was damp and cool but our season got started. We look forward to warm and sunny Tuesdays for the rest of the summer. Our league now has 70 members and we will have to cap our membership for the 2023 season. Our registration fee has increased to \$50 for the 2023 season.

If you would like more information for the 2024 season, please contact Roy Wilson at 647-955-9101, mbepic@gmail.com or George Clapham at 905-982-1593, claphamg@yahoo.com.



ACTIVITIES

AQUAFIT

Nora Senechal

The pool is finally open and Aquafit has started. We have classes Monday through Friday in the pool from 1:00 - 2:00 p.m. Please try to show up a couple minutes early to make sure you have time to use the shower before the activity begins.

Things will be a little different this year. There is no longer a list of reserved spots in the pool. Every class will consist of the first 14 participants who show up for the class; additional swimmers will have to wait for another day. With classes five days per week this should work out well. I'm hoping to have full classes each day. But please remember, Monday, Wednesday and Friday classes are not for beginners. These classes will be very fast, and it is difficult to teach at that level. If you are a beginner, please try Tuesday or Thursday classes first. Once you get the routine, we welcome you to attend the faster classes.

Monday and Wednesday classes will be led by Joan Cushnie. Joan has many wonderful plans including the use of water weights (dumbbells) for Wednesday's class. Tuesday, Thursday and Friday classes will be led by me. I plan to introduce a few new exercises as well as some of our regular routines.

Ladies, remember your pool noodle, weights and a water bottle that cannot shatter if dropped on the pool deck. Also, please remember our volunteers are leaders; they are not qualified instructors. See you at the pool!

BOOK CLUB

Robin Stamper

The weather is warming and it's time to get your summer reading ready for the lawn chair. Here are the book titles and authors for our 2023 - 2024 reading season: Lessons in Chemistry by Bonnie Garmus, A Woman in a White Kimona by Ana Johns, Iona Iverson's Rules for Commuting by Clare Pooley, The Temptation of Gracie by Santa Montefiore, Call Your Daughter Home by Deb Spera, The Brideship Wife by Leslie Howard and Bloomsbury Girls by Natalie Jenner. All are welcome to join us the last Thursday of the month starting October 26 at 2:00 p.m. by the fireplace. Happy reading!

CANTERBURY ARTISANS

Birgit Pullen

After a very busy and creative fall, winter and spring, the Artisan Group is taking a summer break for the months of June, July, and August. We will meet again

in September on the 2nd and 4th Tuesday of each month at 1:00 p.m. on the lower level of The Centre. If you have a talent you would be willing to share with your fellow residents or would like to join this group, please contact: birgit.pullen@gmail.com for more information. Have a wonderful summer and we'll see vou in September!

CHAIR EXERCISE

Jane Lawson

The chair exercise class is still on at The Centre South Hall every Wednesday from 1:00 - 2:00 p.m. and Friday from 12:00 - 1:00 p.m. with a class limit of 25. The class is being provided at no cost by the CCD (Community Care Durham). We have a trained occupational/physiotherapist assistant who runs the class. The goal of the class is to provide a variety of exercises for older adults to keep fit and maintain their independence by promoting strength, flexibility, balance, and endurance. The class may stop for some time over the summer, so please contact Jane Lawson to be sure that there is a class either by phone at 905-410-0683 or by email 42janelawson@gmail.com.

CHAIR YOGA

Sharon Stevens-Hazelton

There are many restorative benefits to Chair Yoga, a gentle practice which helps improve flexibility and balance, as well as calming breathing techniques. All movements are done either sitting or standing, not on the floor, with our knowledgeable and personable certified Yoga Instructor. No previous experience is necessary. Registration sheets are posted on the board in The Centre.

You're welcome to attend and observe a class to see if this is something you'd enjoy! We're delighted to announce that Chair Yoga will be offered throughout the summer months. Future sessions will continue to be announced.

CRIB CLUB Audrey Thompson

Cribbage continues over the summer on Mondays at 7:00 pm in the North Hall. All are welcome. Bring a toonie for prizes.



DUPLICATE BRIDGE

Doug Thiemann

Duplicate Bridge is going to take a break over the summer months, and will begin again in mid- October. Watch for details in the Fall issue of The Chronicle.



ACTIVITIES

BID EUCHRE

Murray Lennox

If it's Monday night at 7:00 p.m. it must be Bid Euchre at The Centre. If you're interested in having some fun, playing some cards and catching up on local news, bring a toonie and show up. It's not a league; you don't have to come every week. Just drop in and play some cards.

EUCHRE

Bill Anderson

If it's Wednesday night at 7:00 p.m. it must be Euchre at The Centre.

KNITWITS

Jane Sibul and Robin Stamper

Summertime! This is our time to No deadlines. relax. sometimes too hot to knit. Grab a cool drink, mosey on over to The



Centre between 1:00 and 3:00 p.m. on Fridays, and see what's up. It's cool inside and sometimes we are on the balcony watching the swimmers as we knit, chat, and visit. All are welcome; please join us.

LADIES' BRIDGE AND MIXED BRIDGE

Carol Hough

Ladies' Bridge will continue throughout the summer months on Wednesday afternoons at 1:00 p.m. Please bring a loonie for prizes. All levels of bridge are welcome. We are a very relaxed group, so please join us for some fun.

During the months of May, June, July, August, and September, we will be playing Mixed Bridge on Tuesday evenings at 7:00 p.m. in the North Hall. Please put your name on the list in the North Hall each week indicating that you can play. We hope to have two tables each week. Also, please bring a loonie for prizes.

LIBRARY

Lorna Zamulinski

Looking for a good book? Have you tried our library? Thanks to the new donations, we have some excellent books for you to choose from for your reading enjoyment. Donations of gently used books are welcomed.

LINE DANCING

Alice Lynch and Cathy Spohn

Do you like music? Do your toes tap to the beat? Have you ever tried line dancing? Have you ever wanted to try line dancing? Maybe Tuesday mornings at 10:30 a.m. are for you! Come join our beginner group and before you know it you will be dancing to:

New York New York...I Feel Like a Woman...Cowboy Up...Boot Scooting Boogie... etc.

If you want any more information, please call Cathy Spohn at 905-982-2723 or Alice Lynch 905-982-0766. Or better yet just show up Tuesday mornings at 10:30 a.m. with comfortable shoes, a water bottle and happy feet.

MAH JONGG

Carol Sambrook

We are back at 1:00 p.m. on Tuesday and Thursday afternoons. Come and learn this interesting game. No money is involved.



MEXICAN TRAIN DOMINOES Debbie Fair

Mexican Train has taken a break for the summer. Bring your friends and join us in the fall. See some pictures on the next page.

POKER BOYS

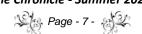
Mike Smith

Come out and join us every Monday night from 7:00 - 9:30 p.m.

- 7:00 8:45 p.m. Dealers Choice ante 25 cents, max. bet 25 cents, 2 bump max.
- 8:45 9:30 p.m. Texas Hold 'em \$5.00 buy in

POOL AND DART BOYS Mike Pullen

We meet on Tuesday nights at 7:00 p.m. in the lower level of The Centre for a game of friendly pool and darts. We watch a game (if one is on) on the TV downstairs as well. Bring your own beverage and enjoy some male company! For more information contact: Mike Pullen at mmpullen@gmail.com.



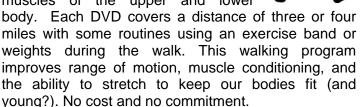
ACTIVITIES

POWER WALKING

Barbara Pedder

We exercise in the main hall on the upper level of The Centre Monday to Friday from 8:05 - 9:00 a.m.

Using a variety of Leslie Sansone DVDs, we power walk while engaging muscles of the upper and lower



Everyone Welcome

SHUFFLEBOARD

Dave Streeter

Our shuffleboard season is now over and we will start up again in October. Look out for sign-up sheets to come out some time in



September. Thanks to all who participated; we all had a good time in our first official Shuffleboard season.

The shuffleboard courts and equipment will still be available for use downstairs at The Centre, if the space is not being used by other groups. Please leave the equipment as you find it.

SOLO SOCIAL

Kim Woods and Sue Munroe

Would you like to meet people in Canterbury who are also on their own? A group has been formed to get together on a Sunday afternoon once a month to share similar interests: e.g. theatre, movie nights at the library, walking, shopping trips, games and activities at The Centre, travelling, lunch and dinner outings.

Please watch for details of future SOLO SOCIALS on the bulletin boards, at the kiosk, on the Canterbury Website, the EMB, and emails. Hope to see you there.

For more information, please contact Kim @ 905-715-6864 or Sue @ 905-982-8733

"There are no strangers here; only friends you haven't yet met"

William Butler Yeats

WOMEN'S POOL

Donna Goreski

Any ladies who are interested in playing pool are welcome to drop in at The Centre on Fridays at 1:00 p.m. Learn a new sport or practise your skills, but most importantly, have some fun and connect with other ladies. It is strictly a drop-in situation with no teams or commitment to be there every week. No experience is needed.

ZUMBA

Jolanta Melner

Zumba is a fitness program that involves cardio and Latin-inspired dance. It was founded by Colombian



dancer and choreographer Beto Pèrez in 2001 and has become a very popular way to work out and have fun! We meet Mondays, Wednesdays and Fridays from 9:45 - 10:45 a.m. in the South Hall of The Centre. Come and join us

Limited to 20 participants. Registration: Jolanta Melner jolarubym@gmail.com

MEXICAN TRAIN DOMINOES



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Photos: Dot Clark

Dear Canterbury Common Friends,



Spring has sprung and we have some exciting updates to share.

Community Garden Project

We are so excited about this project and are hopeful that very soon the construction to create an updated healing garden for patients and their families will be in full swing.

As with all things these past years, inflation remains very real at the hospital. Our garden project is no exception and we now need your help. This garden is so important, enhancing care beyond the walls of the hospital. It will enable patients to get fresh air and sunshine, lift spirits, rebuild physical and mental health. It will also provide a place of respite for our patients' loved ones who are spending difficult hours at the bedside.

If you can, we hope you will lend your support to this special project. Donations can be made online at https://www.pphfoundation.ca/give-today and then just select *Healing Garden* from the Fund dropdown menu, by mailing your gift to PPH Foundation, 451 Paxton St., Port Perry L9L 1L9, or by phone to 905-985-7321 ext 45580.

Roar by the Shores Port Perry Classic Car Show – Sunday June 25th

This year marks the 10th Anniversary of this great local event. With a goal of 400 classic cars in the show, early bird registration is in place until 6 pm June 24th. Pre-register your car online at pphfoundation.ca/roar2023 or register day-of in person, arriving in your pre-1993 classic. Entrance is on Water St arriving from the direction of Scugog/7A. Commemorative Roar by the Shores t-shirts are available to purchase online and while supplies last at the event. For spectators and car show registrants alike, its promising to be a great day at the lake to see some cool classic cars and support important local causes. Port Perry Hospital Foundation and Big Brothers/Big Sisters will both be onsite. Drop by their booths to see what they have on offer and show your support.

CT Scanner Update

The construction for a dedicated suite for our new CT Scanner remains on target and on track, operational with the first patients through mid to end of June. We are so excited that it is finally here!

This project was made possible because of the overwhelming support of our community. Thank you! Please email me at ragnoluzzi@lh.ca or call the Foundation office at 905-985-7321 Ext. 45580 to learn more about hospital projects, or share a special story of why our hospital matters to you. Have a safe and joy-filled summer.

Rachel Agnoluzzi CEO, Port Perry Hospital Foundation





One of the most important things the Finance Committee does is the annual budget. The budget impacts each and every Canterbury resident through the annual assessment. The budget process has been honed over a number of years and is very rigorous. The Finance Committee leads the process and works with each of the committees to determine their needs for the coming year, both ongoing and new requirements, due to growing membership and considering changing environment including things like higher inflation. These initial estimates are challenged by the Finance Committee to ensure value for the membership. The Board then reviews and considers the budget in totality and makes changes and decisions as required until they are comfortable the budget is providing good value for the membership. This of course goes back to the committees so they have a chance to digest or raise concerns. Once that process is finished the Board approves the budget. The annual assessment the Board has approved as part of the budget for this year is \$600 per household. The notice of assessment has recently been sent out and is due upon receipt.

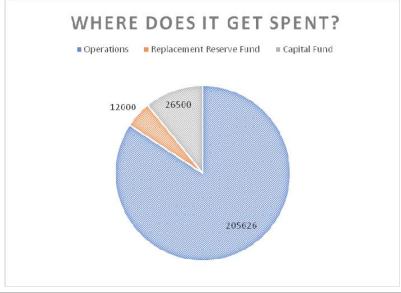
So where does the \$600 assessment go? It is allocated to 3 pots.

- CCRA operations, \$495
- CCRA Replacement Reserve Fund, \$85
- CCRA Capital Fund, \$20

The total CCRA revenue for this year is expected to be just shy of \$250,000. The biggest component is the annual assessment, but there are rental fees, advertising and interest along with a one-time revenue from new

home initiation fees.





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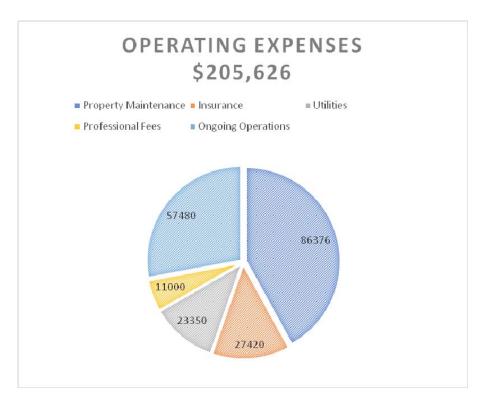
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The Replacement Reserve Fund is used to pay for replacing items that have served their useful life and need replacing. This is not a legal requirement of the association but is a prudent approach taken on by the Board a number of years ago. This is clearly something, as homeowners, we get comfort knowing we have funds put aside to deal with aging facilities to avoid a surprise assessment or shut down of current facilities. Having this fund also supports the premium value of our homes in Canterbury Common. I was recently asked by a real estate agent, making an offer on a home in our neighbourhood, if we had such a fund and if it was adequately funded. It is our policy to have an independent review of the adequacy of the replacement reserve fund every three years. It has been three years since our last review and we will be doing another review this year.

The Capital Fund is something we have had but was historically funded in a sporadic way, either by special assessments or more recently by one time initiation fees paid by new home owners. This year we are expecting \$23,500 in initiation fees. The list of capital projects this year exceeded the amount of funding available and most have been put on hold until we can complete the strategic planning process, our new home owners arrive and we have adequate funding. Initiation fees will end this year and we would be without any consistent funding for new capital purchases. To begin to address this funding need we have introduced a small capital charge as part of the annual assessment. This year \$20 per household will go towards the Capital Fund. This totals about \$6,000.

The bulk of our expenses is in CCRA operations. We are a volunteer-driven organization and without the tireless efforts of our volunteers, the costs of operating would be many times in magnitude. I can't say enough about the wonderful work our volunteers do to make Canterbury a better place and help us control our costs and hence the size of our annual assessments.

So, what are our material expenses in operations? The largest expense is property maintenance: grass cutting and snow removal. We also have material costs in insurance and utilities.



The CCRA budget is quite small in scope given the assets we maintain: \$4 million club house and pool, and 25 acres of property serving 340 homes.



Your Community Broker



HOME - AUTO - COMMERCIAL - FARM

169 North Street, Port Perry

905-985-8416

www.taylorforder.com











EDIBLE FLOWERS Karen English

Eating flowers is a tradition dating back to the middle ages. You can add flowers to entrees and desserts, making them more appealing to the eyes as well as the tummy.

Some ways of using flowers are:

Place a colorful gladiolus or hibiscus flower (remove the stamen and pistil) in a clear glass bowl and fill with your favorite dip.

Sprinkle edible flowers in your green salads for a splash of colour and taste.

Freeze whole small flowers into ice rings or cubes for a pretty addition to punches and other beverages.

Use in flavored oils, vinaigrettes, jellies, and marinades.

One of the most popular uses is candied or crystalized flowers, used to decorate cakes and fine candies.

Some examples of edible flowers are:

Calendula ~ The petals look wonderful sprinkled on salads. A good saffron substitute.

Chives – The flowers have a similar taste of a mild onion and are stunning on salads. Fill a bottle with washed chive blossoms and cover with white wine vinegar. Allow to sit for 8-10 days. Strain and bottle, add to salad dressing. The vinegar will be a lovely pink color!

Lavender ~ Try a little in your favorite sugar cookie recipe. We once made a jar of lavender sugar (in equal parts) which you could sprinkle on almost anything. I have also added handfuls of lavender to vinegar, boiled it and then used it as window cleaner. The lavender makes the vinegar smell less harsh.

Nasturtium ~ Flowers and leaves have a tart, minty flavour. Great on salad.

Pansies ~ Can be sweet but are always pretty. A lovely addition to your salad.

Rose ~ Infuse 4 ounces of dried red rosebuds in 1 quart boiling distilled water for 6 hours. Strain and mix in 5 pounds of honey. Boil down to a syrup and use on toast, desserts or in teas and cookies.

Rules of Edible Flowers

- 1. Eat flowers only when you are positive they are edible. If uncertain, consult a good reference book on edible flowers prior to consumption.
- 2. Just because flowers are served with food does not mean they are edible. It's easy and very attractive to use flowers for garnish on plates or for decoration, but avoid using non-edible flowers this way. Many people believe that anything on the plate can be eaten.
- 3. If pesticides are necessary, use only those products labeled for use on edible crops.
- 4. Do not eat flowers from florists, nurseries or garden centers. In many cases these flowers have been treated with pesticides not labeled for food crops.
- 5. Do not eat flowers picked from the side of the road.
- 6. Remove pistils and stamens from flowers before eating. Eat only the flower petals.
- 7. Different flavors occur in plants when grown in different locations because of soil types, fertilization, and culture. Environmental conditions play a big role as well. What has excellent flavour at one time may taste different at the end of the season.
- 8. Introduce flowers into your diet in small quantities one species at a time. Too much of a good thing may cause problems for your digestive system.
- 9. If you have allergies, introduce edible flowers gradually.



Collect flowers at the optimum time. Pick fully open flowers in the cool of the day. Flowers that are not fully open (unless buds are desired) or those starting to wilt should be avoided.

Please note that all flowers are NOT edible. You need to double check before using. For example: Azaleas, Daffodils, Iris, Lily of the Valley and Wisteria are all beautiful but are poisonous.

Crystallized Rose Petals

1 egg white

Rose Petals

Sugar

Beat the egg white until frothy and brush it lightly onto each rose petal.

Sprinkle with sugar and let dry.

Lavender Sugar

Mix 2 tablespoons of fresh lavender flowers or 1 tablespoon of dried lavender flowers with 1 cup of superfine sugar. Select a glass jar and make alternate layers of sugar and lavender flowers until the jar is full. Cover tightly and leave in a warm, dry room for 1 to 2 weeks. Shake the jar through a sieve before use. This method is similar to the conventional method you use to make vanilla sugar.



Here's some of the people on committees who work in the background making life in our community even better than it already is:

Pool Committee Volunteers

Water Monitors:

Mary Lou Burnett, Dorothy Campsall, Joan Cushnie, Cindy Dale, Annie Dermastja, Barb Holt, Jane Lawson,

Leslie Smith, Cathy Spohn, Janet Doherty

Backups: Rowena Fowler, Birgit Pullen, Dave Brolley

Opening and Closing:

Mary and Robbie MacDonald, Martha and Gord Simmons, Tracy and Dave Vernest

Backups: Gord Flear, Jim Brady, Bob Pedder

Pool Maintenance and Operations Team:

Blain Woodruff, Gary Carmichael, Jolanta Melner

Technical Support:

Bill Taylor, Gary Carmichael (consultant)

Special thanks to Aquafit members who stay in the pool each Friday to clean the liner at water level.

Garden Committee Volunteers

Gardens Sub-committee:

Mary-Anne Matthews, Debbie Simpson, Tracy Vernest, Janet Broomer, Anne Thistle, June Shannon, Wayne Shannon, Jack Ball, Netty Kuipers

Ad Hoc Helpers:

Dave Vernest, Rick Broomer, Frank Lindensmith, Hugh Allward, Malcolm Thistle, MaryLou Burnett Advisors:

Jolanta Melner, Steve Holt

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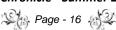
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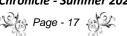
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To celebrate the end of our shuffleboard season, we held an awards night with pizza and dessert. Awards were given to the first and second place teams. Congratulations to Phyllis and Garry Geer who went the whole season of 24 games without losing a single game. They were (of course) our first-place winners. The race for second place got pretty tight near the end, but congratulations to Jan Tennison and Ken Beckberger who held on to be our second-place winners. Thanks to everyone for participating. I look forward to playing with you again in the fall.

If you have never played shuffleboard before, it is a fun game that combines both competition and camaraderie. Competition is part of it because you play in teams of two against another team of two. Camaraderie is also part of it because you are standing beside a member of the opposing team at one end of the court, and your partner is at the other end with the other member of the opposing team, so you have plenty of time to chat with someone you might not otherwise get to talk with.

If you are curious and want to try it out during the summer before the fall season starts, Pauline and I would be happy to spend some time with you and introduce you to the game. Just give us a call at (905) 982-0088 or email me at davestreeter19@gmail.com.







THE RED FOX

For the new residents of Canterbury, the Red Fox is a common sighting in our community. In late spring these timid and private creatures emerge from their well-hidden dens to introduce another generation of their playful offspring.

In our climate, foxes breed between January and mid-March with a gestation time of under two months. Male foxes (dogs) and vixen (female foxes) usually have only one mate. Pairs of adult foxes may separate in winter for hunting, but come back together for breeding. Their young are blind at birth,



their eyes opening during their second week. Red foxes are patient, attentive and playful parents. The vixen is a very caring mother while her mate hunts for the family. At one month, the cubs are weaned and transition to other food. Both parents go back to hunting for themselves and bring back small game for the cubs to play with. This way the cubs learn the smell of prey and how to eat it. For as long as two months, the adults feed the young at the den site and train them to hunt under their watchful eyes. Only when they prove themselves self-sufficient do they leave the care of their parents. Young foxes travel widely during autumn seeking new territories and have been traced as far as 250 km from their birth sites.

Red foxes are shy, secretive, and nervous by disposition and they appear to be very intelligent. They have excellent eyesight, a keen sense of smell and acute hearing which is needed for hunting and survival. They hunt mostly towards sunset, during the night and early morning. Their diet consists mostly of small mammals such as voles, mice, squirrels, and rabbits but will include plants. They will frequently bury or hide surplus food. One resident recounts watching a fox dig a great hole in her garden to bury a felled wild turkey, maybe a potential Thanksgiving dinner?

Wolves and coyotes are their major predators which may be the reason why foxes stay close to human

habitation. When we had our golf course, a fox was often seen quietly observing the golfers or playfully joining in the game by running off with the golf ball. One day a stash of three dozen missing golf balls was discovered neatly piled in the woods by the 4th green.

Here in Canterbury, the red fox shares their territory with us; they were here first! Their sharp high-pitched bark alerts us of their presence when startled or sensing danger. A straight line of footprints in the snow marks their trail. Admire their beauty for they are one of the many joys of living in Canterbury.



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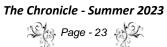












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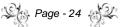




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THIRTEEN CONTRACTING

A warm welcome from Port Perry Hospital Auxiliary. It is so nice to be included in your Chronicle!

Our volunteers are so very happy to be back volunteering! Within the hospital we are volunteering in the Emergency Department, in Day Surgery, at the Coffee Shack, as a Friendly Visitor at the bedside and in Camille's Corner Gift Shop. In the community, in the Food Basic's Mall, we are volunteering at Camille's Closet (hours 10-4 Thursday - Saturday). Camille's Closet has donated \$650,000 (in our 13 years of operation) to our hospital! Our goal of \$350,000 towards the CAT scan was handed over ahead of schedule!

Volunteers are needed in every area of the Auxiliary. Please consider joining our dedicated group of ladies and gentlemen. We have openings in every area. What a wonderful way to share your time and expertise within your community!

Applications can be picked up at Camille's Closet, at Camille's Corner Gift Shop or by calling Sharon Schmidt at 905-982-1021 or Ruth Spearing at 905-985-6232.

If anyone crochets or knits, we would love your help with making sets of hearts that our Friendly Visitors give to patients. The pattern is available. Hearts are tied together and given to patients who keep one heart and give the second heart to family or friends. What comfort it gives patients to know that someone with a heart is keeping them close in thought!

We continue to work with and support local charities such as Cerebral Palsy, Pegasus, Animal Rescue Operation Scugog and Uxbridge/Scugog Animal Shelter. <u>sharon1@schmidts.ca</u> 905-982-1021

WORD SEARCH

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Pineapple
Orange
Grapefruit
Apricot
Pear
Nectarine
Melon
Plum
Blueberry
Cherry
Lemon
Peach
Raspberry
Tangerine

TRIPS



Recently a resident sent me some information regarding a new bus program from the Pickering GO station. The ad claimed that the bus fare would be \$10.00. When it was investigated it looked like that is the cost of a full fare adult ticket purchased with a Presto card. If you do not have a presto card, the fare is roughly \$13.00 plus tax. But if you are a senior, the rates are slightly lower. Upon further investigation it was learned that GO has many trips to Niagara Falls that are also reasonably priced with senior's rates as well. This is an excellent option for travel that many of us have not considered.

LEAVING THE CENTRE



When you are leaving The Centre after an activity, we

would like to request that you check a few things:

- 1. The thermostat. If you have changed the temperature in The Centre so that participants of your activity will be more comfortable, please be sure to return the temperature to its original setting.
- 2. The water. It may not seem like something you have to check, but on more than one occasion, the water taps in one of the bathrooms have inadvertently been running. This is a great waste of water and can be quite expensive when the water bills come in. Please check that the taps in the kitchen have been turned off as well. You may not have used these facilities, but if we all check we can save lots of water.
- 3. The lights. Sometimes it's quite difficult to tell if the pot lights upstairs in the north and south hall have been left on but it is really important that they are shut off when your activity is complete. The lights downstairs have been left on as well. Let's do our part to ensure that we do not waste electricity and help to keep our utility bills down.

MAILBOXES



Our community has many methods of distributing information. One of these methods is the hand delivery of printed material such as The Chronicle. It is very difficult for our delivery team to leave these documents for you if you do not have a mailbox on your house. If you do not have a mailbox, please consider adding one in the future. Our delivery team will thank you.

GARBAGE COLLECTION



The summer months are here and the warm temperatures are here with them. Whenever possible please do not put your garbage at the curb before 7:00 p.m. Wednesday evening. The earlier we put it out, the more animals it will attract...









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Pineapple
Orange
Grapefruit
Apricot
Pear
Nectarine
Melon
Plum
Blueberry
Cherry
Lemon
Peach
Raspberry
Tangerine







A dog accepts you as the boss.





A cat wants to see your resume.

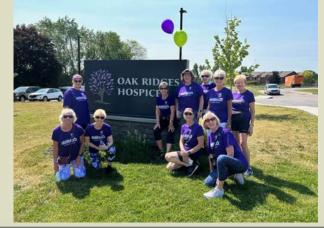
What do you get when you cross a collie with a rose?

A collie-flower!

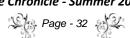


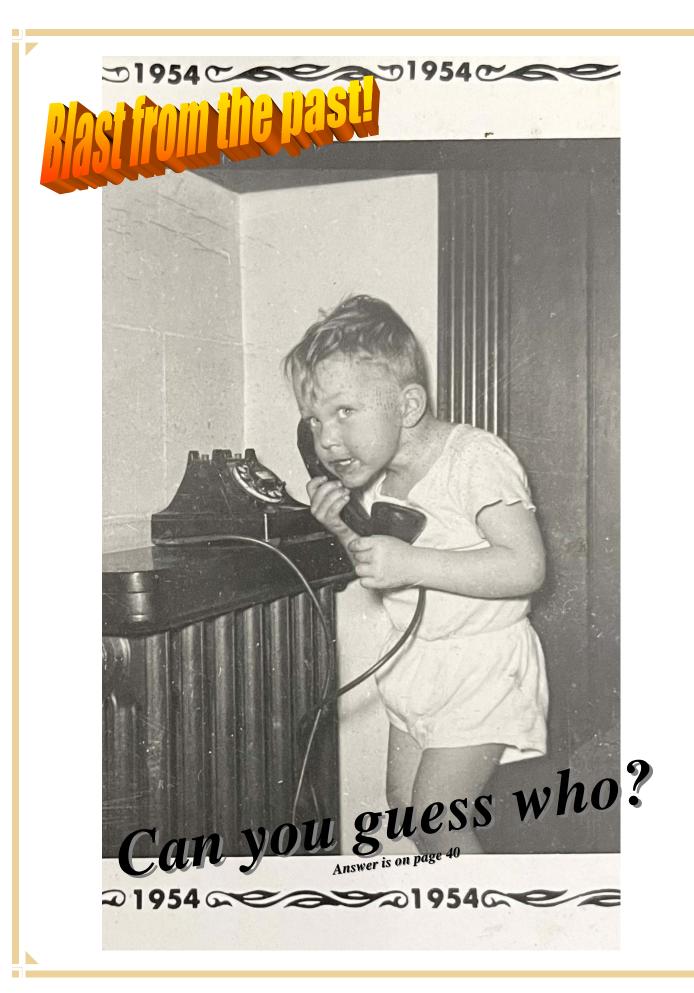
I think the reason we are born with two hands is so we can pet two dogs at once.





Photos: Martha Simmons









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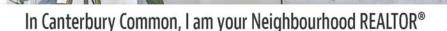
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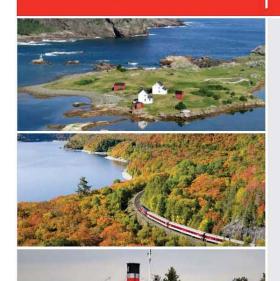
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tel: 905-925-9760

email: vrikshayoga@yahoo.ca

I live right in town- and I have a close relative here in Canterbury. You are welcome to call for a reference.

Hope to hear from you soon!





Got Gas??

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Paddy's Market

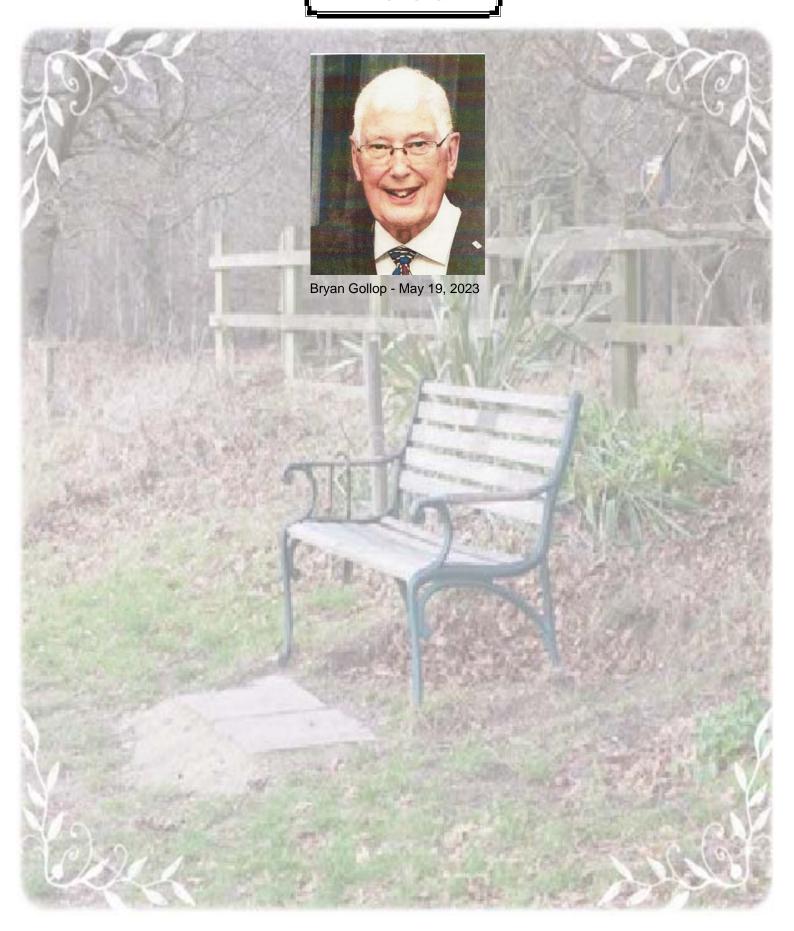
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In Memoriam

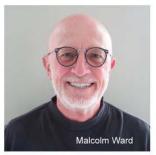


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Canterbury Common Residents' Association





















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Please remember the products and services advertised are not necessarily endorsed by CCRA.





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CAD \$431600 each

(Cat C2 - cruise only)

Rates in Canadian Funds per person

(for CRUISE ONLY based on double occupancy including drinks, tips & surf wifi)

Cruise: A refundable deposit of \$960 per cabin is due at time of booking for most double catagory tupes. Final payment is due 15 January 2024. There are only alimited number of cabins available at above rate. Air: At time of printing it is too early to secure air fare. Let me know what dates you are interested in and I can advise of costs as they become available. (This is an excellent time to use up some points if you can)



***All itineraries are subject to change without notice. Optional insurance can be added at final if desired. Passports must be valid six months beyond return date. Rates can change anytime prior to deposits being paid.

For more details and your copy of the brochure, call Virginia Frew at

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