

# THE CHRONICLE

*A Newsletter for the Residents of Canterbury Common*  
Port Perry, Ontario  
[www.canterburycommon.ca](http://www.canterburycommon.ca)



## **REPORT FROM YOUR BOARD**

**Winter, 2023**

**Lou Rocha, President**

[president@canterburycommon.ca](mailto:president@canterburycommon.ca)

The days between Thanksgiving and Christmas are a time for reflection and anticipation. We give thanks for the many blessings we enjoy in Canada, in Port Perry. We connect with friends and family who are nearby or reachable by phone or video call. We appreciate the many benefits we share in a peaceful, civil society that is the envy of many people around the world. In Canterbury Common we have the opportunity to share our lives with others in a supportive and active community. We are thankful for the care and work offered freely by the volunteers who give their time and expertise to enhance the lifestyle we all enjoy.

As I reviewed the records from 2015/2016, I was impressed by the community spirit of the Canterbury residents. They came together from many walks of life, from different trades and professions, from different interests. There was something special about the dedication they had for this community but the energy and commitment has blossomed again in the last two years following the COVID shutdown. The ranks of volunteers have been replenished by newcomers working side by side with others who have provided time and energy for so many years. You can see this blending in the gallery of volunteer photos in the foyer of The Centre and more will be added.

On November 4<sup>th</sup> the Board of Directors convened a special gathering for the people who have moved here in the last two years. Fifty people attended "Welcome to Canterbury" and listened to a short history of this community and the efforts in 2015 to save its beloved golf course. They heard about the work of the Canterbury Residents Planning and Action Committee which became the Canterbury Transition Committee. The CTC still meets monthly with the Canterbury Land Development Corporation (Geranium) to ensure completion of all the agreed items in the OMB Minutes of Settlement.

The Geranium sales offices will be sold and our community will grow to 340 homes with 600 residents. The homes in Phase 2 (Holtby Court) are now occupied and the final tasks will be completed before Christmas – a welcome change for those who have endured the challenges of the past year. Phase 1 (McCaw Court) has matured and looks like the rest of Canterbury with landscaping improvements to many properties.

For the past year the Board of Directors has been focused on the future of Canterbury. "Preserve" and "Protect" are the central themes that generated seven strategic directions – Volunteers, Finances, Safety, Environment, Parklands, Partnerships, Community Spirit, Adult Lifestyle and Communications. In the new year members will hear about the work that has already started. A Town Hall meeting will take place in the spring to hear members' thoughts about the future and the next steps.

In closing I would like to thank Jim and Barbara Brady who have left Canterbury. They were active volunteers for many years. Jim served as president of the Association for four years which included the COVID pandemic. He worked with the Board of Directors and the committees to support the members during a very difficult time in our community. Canterbury sends its best wishes to Jim and Barbara. I would like to acknowledge the passing of John Howell who was a founding member of the Canterbury Common Residents Association in 1998. We send our condolences to Lorna and her family. We will greatly miss Carol Sambrook, the First Lady of Canterbury, who is moving away. Carol was the first homeowner in our community and has been an active volunteer for all of those years. Carol was a member of the committee that welcomed all of us to Canterbury. We send our best wishes to Carol for a long and healthy future.

# BOARD COMMITTEE REPORTS

## **ADMINISTRATION COMMITTEE**

Suzanne Brolley, Chair

I'd like to take this opportunity to thank all the volunteers on this committee. Our responsibilities are varied and very important to the smooth running of The Centre. The effort and time required is a commitment that is appreciated.

2024 is approaching and I look forward to new ideas and projects that will benefit us all.

## **COMMUNICATIONS COMMITTEE**

Susan Allward, Incoming Chair

Holiday greetings from the Communications Committee!

The communications elves have put together a great Christmas issue for your reading pleasure. Over the next few months we will be asking for your input on what, how, when, and why we send out communications here in Canterbury. Surveys in several forms will be developed and sent out over the winter months. We would really appreciate your opinions, so that we can provide you with the best experience possible, while making sure you have information that you need and/or want to receive.

If you are interested in joining the Communications Committee, we would love to hear from you. Contact me at [director.communications@canterburycommon.ca](mailto:director.communications@canterburycommon.ca) for more information about joining the group.

## **FINANCE COMMITTEE**

Jim Cushnie, Chair

Key Highlights for Canterbury Commons Residents Association, Fiscal Q2:

- As at Q2 we are tracking to budget on Operations. We have spent all Capital funds on acoustic sound baffles, new flagpole, solar lighting on Barry's Path, folding chairs, benches and the walking path behind the pool. The sidewalk replacement and South Hall doors and window assemblies are charged to the Replacement Reserve Fund.
- Replacement of South Hall door and window assemblies (4 sets of double doors and emergency exit doors and surrounding windows), were determined to be in much worse shape than had been thought and required immediate replacement to ensure protection against winter damage, minimize heating costs and maintain building security. Per our policy, 3 vendor quotes were received with only minor cost differences. This item was unbudgeted and needed much sooner than the Replacement Reserve Fund (RRF) study had contemplated. So, the impact on the long-term adequacy of the RRF will be reviewed by the Finance Committee as part of this next year's budget cycle. Any action deemed necessary will be included in the annual Budget and assessment process.
- CCRA insurance policies have been reviewed and renewed.
- Our property tax situation has seen little progress as we deal with the municipal bureaucracy and our legal insurance to see if we can make use of their services, but it remains a top priority for us.
- Our CIBC account representative has left the bank and at the time of writing we had not been assigned a new representative. I did meet with the Business Banking Manager from Uxbridge to review our expanding service needs. They were quite helpful in making us aware of some of the services that they have that will help make our banking arrangements better for CCRA.
- Work on having an energy audit done continues.
- The annual budget process will begin shortly. If things go as planned, we look to have the annual budget approved in April as usual. The annual assessment notices will go out shortly after Board approval... hopefully the end of April, early May. Historically the assessment notices had gone out after the Annual Meeting in

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# BOARD COMMITTEE REPORTS

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June. In order to fund the CCRA operations between the start of the fiscal year (April 1) and the collection of the annual assessment money in June/July an operating reserve fund was established of \$16k. Over the last number of years that amount has proven insufficient to cover the costs for the period which are just over \$50k. As discussed at our last Annual Meeting we have 2 options, either have a special one-time assessment to top up the operating reserve fund to approximately \$60k (about \$125 per resident household) or alternatively we move up the collections of the assessment money so that the existing operating fund is still sufficient. At the last Annual Meeting I indicated it was our preference to move up the timing of collection and asked for feedback on this approach. At this point I have heard no concerns.

## GOVERNANCE COMMITTEE

Todd Glenn, Chair

I would first like to thank John Nesbitt and Chad Johnson. John has resigned from the Board position and Chad has stayed on the team but has stepped down from the Chair position. John and Chad both did a great job in the last year when the workload and the complexity increased significantly. Thank you John and Chad!

I would like to give you a description of the process if you are doing a project in the future and have not been through the process previously. When you have decided on a project:

- Send an email to myself at [governance@canterburycommon.ca](mailto:governance@canterburycommon.ca). In the email describe your project, send a drawing of the work to be completed with measurements (this can be simple and hand drawn).
- Governance will then respond and set up an initial visit to the site.
- This preliminary visit will confirm your compliance with the Protective Restrictions and we will work with you if there are any concerns.
- Once the project is approved, we will give you a Pre-approval letter.
- The work can then begin. If there are any changes to the original plan, please let Governance know and another visit will be arranged. If the plans are approved, a final Letter of Approval will be given.

We are here to work with you for a successful project and compliance to the Protective Restrictions. Here is our current team: Chad Johnson, Phil Egginton, Fred Vorstadt, Gary Chitiz, and Mike Martin. Sue Lemieux and Ana Natividad will provide administrative services.

## HOUSE & PROPERTY

Malcolm Ward, Chair

The fall of 2023 has indeed been a busy time for our H&P team. Winding up all The Centre, Commons and Meadows turf maintenance and tree/shrub limbing, gardens cleanup readying for winter, pool closure, sidewalk repairs, and lots of Centre maintenance have been going on. To be more specific several of the larger endeavours this fall include:

**Sidewalk tripping hazard remediation:** The sidewalk that was around The Centre building had dropped 2 or 3 inches over the past 10 years representing a tripping hazard to our Residents was replaced with Turf grass. The one, small, raised curb was shaved down. One less safety hazard taken care of.

**Acoustic Tiles in The Centre:** Thanks to such a successful CCRA 25th Anniversary Auction, we have finally been able to purchase and deploy acoustic tiles (baffles) for The Centre North and South Halls. This Acoustic treatment was first proposed over eighteen years ago and those homeowners who have been around that long will know how the noise levels in The Centre halls can be almost painful to the ears and especially when relying on hearing aids. The new tiles will go a long way to help and make the Hall acoustics more enjoyable for larger resident gatherings.

**South Hall Doors and Window replacements:** This is another major endeavour and accomplishment this fall. Although visually the South Hall doors appear to be in reasonable condition, for the last several years H&P have been repairing the wooden door rot with epoxy and caulking, a band aid solution at best. Finally, we were able to rationalize the antiquated and decaying door and window assembly replacement. Our original doors and windows in the South building have exceeded their usable life and served us well for 25 years. The replacement door

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assemblies once delivered will be metal clad, double glazing, low-e Argon filled windows which will help lower our overall Centre heat / cooling costs and will provide a 35 year + maintenance free usable service life. There is a lengthy lead time for doors and windows, and we all look forward to seeing them installed early in the new year.

Canterbury Flagpole & Community Flag: The new Canterbury Common flagpole and community flag was installed to allow focus on our community. This will also be the memorial Flag to be lowered to half-mast when requested, following one of our residents passing away.

H&P Gardens team: A special thank you goes out to the terrific gardeners on the H&P team, who through their voluntary efforts, created such wonderful flower gardens around The Centre, the pool area and Canterbury entrances on Coulter and Simcoe Streets. The fall cleanup is now completed, and a number of gardeners will be retiring from the team this year. Thank you so much! You all know who you are and what a stellar job you have done.

Mechanical Room Transformer hum: The worrisome noisy hum from the mechanical room by The Centre's coat room is not a cause for concern. We have had certified electrical power consultants check out the 600-volt transformer and its noise due to the low load from The Centre power consumption. H&P will be installing rubber insulators under the transformer to lower the ambient hum.

H&P Team members: As with any of our Volunteer standing committees, there will be resource changes from time to time as the long tenured members retire from their roles to allow new residents to get more involved. H&P had a few key Committee member changes this fall. Marilyn Bowskill retired from being our Committee Secretary after many, many years of great volunteer service work. Thank you, Marilyn. Marilyn was replaced by Dawn Wilson; Dawn is a newer resident of Canterbury. Wren (Ren) Blimke finally hung up his "green thumbs" as the lead of the Garden Sub Committee although Ren will continue as our Committee Lands lead. Ren's Garden lead role was replaced by William (Bill) Taylor. Bill is a very new resident of Holtby Court.

## **MUNICIPAL AFFAIRS**

Phil Egginton, Chair

The purpose of the Director of Municipal Affairs is to try to make connections with all levels of government in the Durham Region Area. We have an excellent opportunity to pursue a new initiative for grant funding for tree planting here with the guidance of the Kawartha Conservation Authority folks. They will help us to develop a plan as to what the next steps will be. A major federal government funding plan is presently being developed across the country to plant and grow trees in open green spaces. Planting trees reduces emissions and helps the environment. We believe Canterbury Common has a role to play with a tree planting project. This would be an opportunity to further the harmony with nature and our wildlife environment. We are cautiously optimistic in our discussions moving forward.

We have been working very closely with Scugog Councillor Terry Coyne and the Township staff to find ways to improve the pathway down to the lakefront from The Centre. We are also working at making improvements along the Waterfront Trail. We will keep you posted as we get confirmation from the Township for possible improvements in the early Spring.

## **SOCIAL COMMITTEE**

Lauren Maher, Chair

Thanks to the dedicated team of volunteers (Murray's Guys), and the Social Committee, The Centre was beautifully decorated for the Holiday Season, as we prepared to host our popular Holiday Wine Tasting Event, and a New Year's Eve Celebration. Special thanks to the team of volunteers on H&P for the attractive outdoor decorations, and lighting display at The Centre.

**COFFEE HOUR** resumed, and we were pleased to co-host a Volunteer Fair, a talented group from Theatre on the Ridge, and a "getting to know your neighbours" gathering. Coffee Hour wrapped up for 2023 with a presentation on "Prevention of Fraud" by Detective Martin Franssen. We encourage you to watch for details regarding future



# BOARD COMMITTEE REPORTS

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Coffee Hours, starting in January, 2024.

**HAPPY HOURS** provide a bi-weekly casual gathering of neighbours & friends, and most recently added a “Happy Appy Hour” once a month. Check dates on the Monthly calendar.

**OKTOBERFEST & HALLOWEEN KARAOKE** events were well attended, and certainly provided lots of fun and entertainment, and some very attractive traditional dress at Oktoberfest and creative costumes at Karaoke. Check the Picture Gallery on the Canterbury Website.

A “cozy, dimly lit nightclub atmosphere” was set up by our talented volunteers, for our “SOLD OUT” event **SWING JAZZ SOUNDS OF MOOD SWING** (18-piece ensemble). We listened and danced the night away to the timeless classics of the Glenn Miller Orchestra and others, while enjoying a selection of delectable desserts. Be sure to see the photo collage in this edition. It was a memorable evening to kick start the festive season.

The festivities continued on December 1<sup>st</sup> with the **HOLIDAY WINE TASTING**. We mingled, in the company of our neighbours and friends, to enjoy fine wines, and delicious appetizers and desserts, with holiday music playing in the background.

Your generous donations to the Operation Scugog Food Bank are most appreciated, and will certainly help during the Holiday Season.

**CAROLLING:** When the weather was determined to be “favourable”, we sent an e-blast to the community encouraging everyone to join us outside at The Centre to venture out through Canterbury, bringing some joy and Christmas Spirit to our residents.

We were pleased to announce plans for **NEW YEAR’S EVE**, as we prepared to ring in the New Year in Canterbury, starting at 8:00 p.m.

“The kids don’t want it!” We have a solution for you...the **ANNUAL CANTERBURY YARD SALE** will return in early May, 2024. Watch for details.

We are pleased to extend a Warm Canterbury Welcome to our new residents, and wish everyone a Happy Holiday Season. Thanks to all for your continued support.

The success of the Social events depends on our volunteers, and the support of our residents. Thanks to Murray's Guys aka "A Few Good Men", The Centre is set up with tables and chairs in place, ladders up, ladders down, wall open, wall closed...anything we need done. And then...what goes up, must come down. If you are not in this picture, we'll get you the next time!



# ACTIVITIES

## BOOK CLUB

Jane Sibul / Robin Stamper

The winter season gives us time to slow down and curl up with a good book. We do not have a book club meeting in December since it falls between Christmas and New Year's. This gives us time to read *Iona Iverson's Rules for Commuting* by Clare Pooley. It is our January 25<sup>th</sup> book choice. Be sure to join us; the beginning of a new year is always a good time for something a little special at our meeting! Thursday the 25<sup>th</sup> at 2:00 p.m. by the fireside.



## CRIB CLUB

Bill Anderson

Cribbage continues over the winter months on Mondays from 7:00 – 9:00 p.m. in the North Hall. All are welcome. Please bring a toonie for prizes.



## DUPLICATE BRIDGE

Doug Thiemann

Our Duplicate bridge group is back in full swing. Special Invitation to all new residents! If you play Bridge and would like to play Duplicate with a very friendly group, please give me a call. We play Friday afternoons starting at 1:30 p.m. For more information, contact Doug Thiemann at 905-985-4644.



## CANTERBURY ARTISANS

Birgit Pullen

The Artisan Group began our latest session in October. We meet on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month at 1:00 p.m. on the lower level of The Centre. If you have a talent you would be willing to share with your fellow residents or would like to join this wonderful group, please contact: [birgit.pullen@gmail.com](mailto:birgit.pullen@gmail.com) for more information.

## CHAIR EXERCISE

Jane Lawson

The chair exercise class is still on at The Centre South Hall every Monday and Wednesday from 1:00 - 2:00 p.m. with a class limit of 25. The class is held every Tuesday from 1:00 - 2:00 p.m. and Thursday from 12:15 - 1:15 p.m. The class is being provided at no cost by the CCD (Community Care Durham). We have a trained occupational/physiotherapist assistant who runs the class. The goal of the class is to provide a variety of exercises for older adults to keep fit and maintain their independence by promoting strength, flexibility, balance, and endurance. Please contact Jane Lawson if needed either by phone at 905-410-0683 or by email at [42janelawson@gmail.com](mailto:42janelawson@gmail.com).

## CHAIR YOGA

Sharon Stevens-Hazelton

The next session of our popular Chair Yoga classes will begin January 8 for 6 weeks. There are many restorative benefits to Chair Yoga, a gentle practice which helps improve flexibility and balance, as well as calming breathing techniques. All movements are done either sitting or standing, not on the floor. No previous experience is necessary. Registration sheets will be posted on the Board in The Centre. Stay tuned for announcements of future sessions. Looking forward to seeing you there!

## BID EUCHRE

Murray Lennox

If it's Monday night at 7:00 p.m. it must be Bid Euchre at The Centre. If you're interested in having some fun, playing some cards and catching up on local news, bring a toonie and show up. It's not a league; you don't have to come every week. Just drop in and play some cards.



## EUCHRE

Bill Anderson

If it's Wednesday night at 7:00 p.m. it must be Euchre at The Centre.

## JAM NIGHTS

Frances Hurst

Our Jam Nights take place every other Thursday in The Centre at 6:30 p.m. If you play a musical instrument and would like to jam with some talented community musicians, feel free to come out and join the fun! Please refer to the community calendar for dates.



# ACTIVITIES

## KNITWITS

Jane Sibul and Robin Stamper

'Tis the Season...

Of giving. If you have been in The Centre in the last few weeks, you will have seen the growing number of little people and animals that we have been knitting for children around the world. For most children, the thought of getting a needle makes them feel quite anxious, but when the healthcare worker hands them an Izzy Doll, their frowns will turn to smiles.



In collaboration with Health Partners International Canada, these lovely little dolls, created by our Canterbury Knitwits have now been sent off to be packing material for vaccines and medicines for the countries that need help. Then these stuffies will enter their second life as a toy for children receiving vital medications. Helping save the environment PLUS bringing happiness to children; BRAVO CANTERBURY KNITWITS!!

For a while, we will concentrate on family and friends for our knitting – or perhaps something for ourselves. Please drop by Fridays between 1:00 - 3:00 p.m. and see what the KnitWits are creating. Or better yet, join us! Hope to see you soon.



## LADIES' BRIDGE

Carol Hough

Ladies bridge is played weekly on Wednesday afternoons at 1:00 p.m. in the North Hall. All levels of bridge are welcome. Please bring a loonie for prizes. We are a very friendly and relaxed group, so we hope you can join us.

## LIBRARY

Lorna Zamulinski

Donations of new books to our library have been excellent. Drop by and check out our new book selections. Donations of books in good condition are always welcome. Thank you for all our donations.

## LINE DANCING

Alice Lynch and Cathy Spohn

Do you like music? Do your toes tap to the beat? Have you ever tried line dancing? Have you ever wanted to try line dancing? Maybe Tuesday mornings at 10:30 a.m. are for you! Come join our beginner group and before you know it you will be dancing to:

*New York New York...I Feel Like a Woman...Cowboy Up...Boot Scooting Boogie... etc.*

If you want any more information, please call Cathy Spohn at 905-982-2723 or Alice Lynch at 905-982-0766. Or better yet just show up Tuesday mornings at 10:30 a.m. with comfortable shoes, a water bottle and happy feet.

## MAH JONGG

Carol Sambrook

We are back at 1:00 p.m. on Tuesday and Thursday afternoons. Come and learn this interesting game. No money is involved.



## MEXICAN TRAIN DOMINOES

Debbie Fair

Come join us on Thursday evenings from 7:00 – 9:00 p.m. Mexican Train is a very popular dominoes game that is easy to learn and fun to play. The goal is to get rid of as many dominoes as possible and have the lowest score based on your dominoes remaining. Everyone is welcome!

## MIXED BRIDGE

Carol Hough

During the winter months Mixed Bridge is played on Monday afternoons at 1:00 p.m. in the South Hall. Please put your name on the sign-up sheet in the hall each week so I can arrange to have at least two tables to play. All levels of bridge are welcome. Please bring a loonie for prizes. We are a very relaxed and friendly group.

## POKER BOYS

Mike Smith

Come out and join us every Monday night from 7:00 - 9:30 p.m.

- 7:00 - 8:45 p.m. Dealers Choice - ante 25 cents, max. bet 25 cents, 2 bump max.
- 8:45 - 9:30 p.m. Texas Hold 'em - \$5.00 buy in





# ACTIVITIES

## POOL AND DART BOYS

Mike Pullen

We meet on Tuesday nights at 7:00 p.m. in the lower level of The Centre for a game of friendly pool and darts. We watch a game (if one is on) on the TV downstairs as well. Bring your own beverage and enjoy some male company! For more information contact: Mike Pullen at [mmpullen@gmail.com](mailto:mmpullen@gmail.com).

## POWER WALKING

Barb Pedder



We exercise in the main hall on the upper level of The Centre Monday to Friday from 8:00 - 9:00 a.m. Using a variety of Leslie Sansone DVDs, we power walk while engaging muscles of the upper and lower body. Each DVD covers a distance of three or four miles with some routines using an exercise band or weights during the walk. This walking program improves range of motion, muscle conditioning, and the ability to stretch to keep our bodies fit (and young?). No cost and no commitment. Everyone welcome!

## SHINNY HOCKEY

Todd Glenn

Anyone interested in playing pick-up shinny at the Scugog arena please contact me at [todd.glenn14@gmail.com](mailto:todd.glenn14@gmail.com). We play Tuesdays and Thursdays from 9:30 - 10:30 a.m. The cost is \$3.00 per session. This is very low key with no goalies. There are varying degrees of skills, and anyone is welcome.

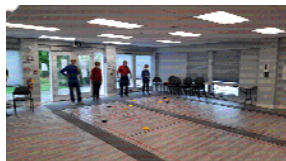


SHINNY

## SHUFFLEBOARD

Dave Streeter

Our shuffleboard season is now in full swing. We have over 50 people involved, with a regular league that runs on Thursday mornings and afternoons. The league will continue to the end of April.



It is too late to join the regular league season, but we also have courts available on Monday mornings and afternoons if you would like to try your hand at shuffleboard. If you need some instruction on how to get started, please contact me and we will try to set up a Monday to teach you the rules.

You can email me at [davestreeter19@gmail.com](mailto:davestreeter19@gmail.com) or call me at 905-982-0088.

## SOLO SOCIAL

Kim Woods, Sue Munroe, and Joan Kelly

Solo Social is an evolving group within Canterbury for people on their own to come and socialize monthly at The Centre. The shared experiences, laughter and warmth of friendship are rich. If you are on your own, we encourage you to come and meet this amazing group of people.

Please watch for details of future SOLO SOCIALS on the bulletin boards, at the kiosk, emails and the CCRA website.

"There are no strangers here, only friends you haven't yet met." William Butler Yeats

For more information, contact Sue Munroe 905-982-8733, Kim Woods 905-715-6864 or Joan Kelly 905-425-4443

## ZUMBA

Jolanta Melner

Zumba is a fitness program that involves cardio and Latin-inspired dance. It was founded by Colombian dancer and choreographer Beto Pèrez in 2001 and has become a very popular way to work out and have fun! We meet Mondays, Wednesdays and Fridays from 9:45 - 10:45 a.m. in the South Hall of The Centre. Come and join us.



Limited to 20 participants. Registration: Jolanta Melner [jolarubym@gmail.com](mailto:jolarubym@gmail.com)





# Christmas crossword



Across (square numbers)

- Deserve
- A famous snowman
- A Christmas gift
- He didn't stir
- A Christmas activity
- What they did on the eleventh day of Christmas
- Gave one's heart
- The first two reindeer

Down (round numbers)

- Season's greeting part 1
- Season's greeting part 2
- Season's greeting part 3
- "\_\_\_, a drink with jam and bread"
- A type of pen
- Reindeer number 6
- A sumptuous Christmas dinner
- Turkey gravy server
- Had some down time
- A Christmas activity
- A little elbow in the ribs



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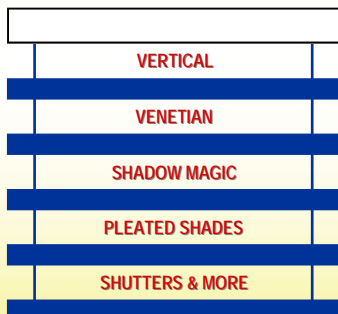
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# KARAOKE NIGHT



# JAZZ NIGHT









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Thank you to Phil Egginton for donating a special flag from the Legion to remember our veterans. It was flown from Nov. 1 to Nov. 11. On November 11 it was lowered to half-mast and saluted by veteran Blain Woodruff while The Last Post was played.



**COMMUNITY CENTRE BAFFLES**

We are pleased to show you the new baffles which have been installed in The Centre to help with sound during events. The entire community worked together to get this done. Love to see that Canterbury Community Spirit!







## **SNOW AND ICE REMOVAL RESPONSIBILITIES**

Ed Richards

### **Township of Scugog Bylaw Number 106-05 Regarding Removal of Snow and Ice.**

As the winter months begin to take hold, and bring with them snow and ice conditions, this is an important reminder to Canterbury Homeowners. The Corporation of the Township of Scugog has a bylaw requiring property owners to remove snow and ice from sidewalks adjacent to their properties within 24 hours after a winter event. Failure to do so is an offence and upon conviction the property owner is liable to a fine or penalty. In Canterbury Common, CCRA has contracted with a service provider simply to assist Homeowners in carrying out this function. However, this arrangement does not transfer responsibility for complying with the Township bylaw to our service provider. Ultimate responsibility for being in compliance rests with the property owner to make sure the sidewalks in front of their property are kept free of ice and snow within the required 24-hour time period. The contract with our service provider provides for snow clearing after a snowfall event of five or more centimetres upon request by the House and Property Committee. Salting will be provided only under extreme weather events. This determination will be at the sole discretion of the House and Property Committee.

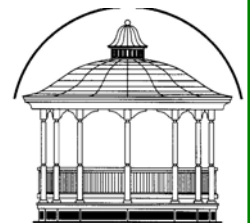
### **Sidewalk Liability for Slip and Fall Accidents on Township Owned Property.**

For purposes of clarification: if someone slips and falls and is seriously injured on a Township sidewalk, it is the Township, as owner of the public sidewalk, that may be held liable for any damages if found to be negligent. The adjacent property owner would not be liable for the mishap unless their actions were in some way a contributing factor to the hazard created that led to the mishap – for example, if they allowed an overhanging eavestrough or downspout to drip water onto the sidewalk and a pedestrian slipped on the ice that formed. In that situation, a claim and any subsequent legal action may be instituted against both the Township of Scugog and the property owner. If this were to occur, the property owner should refer the claim to their insurance broker/insurance company to confirm that coverage is provided under the liability section of their homeowner's insurance policy. Any Notice of Claim against the Township of Scugog must be made by the injured person within ten (10) days of the injury and must be made in writing and addressed to the Municipal Clerk. In summary, responsibility for any falls that occur on public sidewalks rests with the Township and not the adjacent property owner (unless in some manner the property owner was responsible for introducing the condition that led to the mishap in which case both the Township and property owner may be held liable). Even if the property owner failed to ensure that any snow and ice was cleared from the sidewalk within the required 24-hour period, and someone fell, at best the property owner may only be liable for a fine and not any legal liability for damages. I trust this provides the necessary clarity on this issue.

## **YOUR MEMBERSHIP RECORD**

Lou Rocha

The recent email campaign to update the Membership Record is based on the requirements in By-Law No. 1 and the Policies and Guidelines. Over the course of seven days 71% of the records were confirmed (47%) or updated (24%).



A letter was mailed to 15 residents who do not have email. The Membership Record exists to identify residents who are eligible to attend and vote at Special and Annual Meetings of the Members. It also identifies the recipient of the annual assessment invoice.

The other part of the Record is the listing of Emergency Contacts. Residents can list up to three contacts. The Records are used to create the Emergency Contact Binder for use when the partner of a resident cannot be contacted. A copy of the Membership Record is stored in the secure files in the CCRA Office.

Members can view their record online at the Residents Home Page of the CCRA website and changes can be made on the same page. Changes are transmitted instantly to [records@canterburycommon.ca](mailto:records@canterburycommon.ca) and the Record is updated in a few days.





When I first took over as Chair of the Communications Committee one of my earliest plans was to convert our paper newsletter to a strictly electronic format. I had hoped to have residents view it in full color on the website and reduce the costs involved with printing it, I have learned a lot since then.

*The Chronicle* is a community building document. It tells us what our board and committees are doing, lets us know what activities are currently taking place in our community, has pictures and articles about recent events, shows the hard work of our volunteers and much more. I could go on but I think you get the picture. The 25<sup>th</sup> Anniversary issue we produced in the fall was the first full color issue we have ever done. The response was amazing.....it seems you liked it. We would like to continue to produce color issues but they are expensive. One alternative discussed was, you guessed it, producing a full color issue in an electronic format and only printing copies for those without computer access.



When I started to research the feasibility of going to a fully electronic issue here are some of the things I found.

1. **Policies & Guidelines:** The Policies and Guidelines are currently set up for producing a paper document. Changes would have to be made.
2. **Advertising:** Advertising would have to be removed from the document. The value of advertising in an electronic copy would just not be the same.
3. **Layout:** As we would still require someone to do the layout, without advertising we would not have the funds to pay for layout.
4. **Survey:** In 2020 a survey was completed by the committee; those surveyed at that time indicated that they would like to continue to receive a paper copy. Many indicated that they like to hold the printed copy in hand to read it.
5. **Printing Cost:** Cost of printing a small number of copies may be a concern. Currently there are 19 households without email access and we know this as the Information Bulletin is delivered by our committee. At this time, it is estimated that 87 households are not registered on the website at all.
6. **Process:** If we go to a strictly electronic format our process will change. This is both a pro and a con. For example, limitations of the printing process would no longer exist. Change is good, too much change may make *The Chronicle* unrecognizable.
7. **Distribution:** Our distribution volunteers would be safe from inclement weather. The small distribution list could be handled in a smaller amount of time.
8. **Website Readership:** Currently, *The Chronicle* page on the website is not accessed very often. We would need to find out how many residents would be interested in reading *The Chronicle* on the website.

We are interested in your opinion. We will be creating a survey to see how you think Communications is doing providing you with timely information. But in the mean time you could email us your thoughts on *The Chronicle* going strictly electronic. Send this to [communications@canterburycommon.ca](mailto:communications@canterburycommon.ca). If you don't have email please drop Susan Allward a handwritten copy of your thoughts in a sealed envelope with her name on it, in the mail slot in the office door. Thanks for your input!



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**WE'RE SORRY**

We have had a few bumps in the road lately, a missed submission and random typos in submissions that were not in the original text. Please accept our sincere apologies for any and all errors. Remember that while we strive to do our best, we are all volunteers and we do make mistakes.

**25<sup>th</sup> ANNIVERSARY AUCTION**

The Auction Committee would like to thank everyone who attended the event for their support. The following list is the residents and local businesses who supported us by donating their time or products and services to help make the auction a success. With your help we were able to raise \$16,575. For this you all have our thanks!

Dorothy Bull  
 Donna and David Cooper  
 Jim and Joan Cushnie  
 Steve & Carole DeMorest  
 Christina and Phil Egginton  
 Karen English  
 Joy Forbes  
 Joan Grills  
 Lyn Hatt  
 Bryan Hazelton  
 Carol & Harry Hough  
 Ken Hurst  
 Susan and Murray Lennox  
 Lee and Lauren Maher  
 Joy McDonald  
 Linda Merriam

Marilyn Miljure  
 Lee O'Brien  
 Maria Pace  
 Mike and Carol Pistchik  
 Mike Pullen  
 Carol Sambrook  
 Theo Scholz  
 Karen and Murray Smith  
 Rhona Smith  
 Sandy Smith  
 Betty and Mike Snell  
 Andy Spohn  
 Robin and Andy Stamper  
 Pauline and Dave Streeter  
 Karen and Bryan Teed  
 Malcolm Ward  
 Blain and Pamela Woodruff  
 Joan and Ron Young  
 Lorna Zamulinski  
 AC Catering  
 Applewood Farm Winery  
 Bamboo Kitchen and Bar  
 Blazin' Burgers  
 Bodhi Life Chair Yoga  
 Brittany 'n Bros  
 Brock's Department Store  
 Budget Blinds  
 Canadian Tire  
 Captain George's Fish and Chips  
 Carreira Mens  
 Castle John's Pub & Restaurant  
 Class Aluminum  
 Col. Mustard's Pub and Grill  
 Crestwood Golf Club  
 Dianne Kerr, Royal LePage Connect Realty  
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 Lukes for Home  
 Major Tech Computers  
 Marwan's Global Bistro  
 Mill Run Golf Club  
 Mrs. Fields Bake House Café  
 NASA Nails and Spa  
 Oakridge Pub  
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 Pickles and Olives Bistro  
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 White Feather Country Store  
 Wilma Wotten, Port Perry Mayor  
 Wine on Water  
 Wood Chips and Sawdust  
 Woodworking  
 Vicky Wilson, Pilates





WINE TASTING



Photos: Malcolm Ward  
Collage: Lou Rocha





Over the last few hundred years, Southern Ontario has, through agricultural and urban development, reduced and fragmented the natural landscape. Some plant and animal species require large forests to survive. As a result, many forest species are disappearing and forest birds are becoming more vulnerable to predation and other perils. In some areas of southern Ontario, the remaining private woodlots are the only areas that remain to support forest species and are therefore more important than ever.



Woodlots, like all forests, also clean the air and water of pollution, prevent flooding and erosion, maintain a sense of nature and provide green places for rest, relaxation and recreation. While woodlots may be small, they are very important. There are some things, at the local level that can be done to protect and preserve these woodlots.

Size is important, and in this case, bigger is better. Whatever we can do to not impede the natural spread of woodlots is valuable. The large canopy trees in woodlots need to be protected and preserved. They are sources of seed, shade, wildlife cavities and other elements of forest habitat.

Woodlots contain standing dead trees (snags) and older living trees with holes (cavity trees). These are important to a healthy woodlot. Wildlife use them for feeding, nesting, denning and escaping predators. Branches from these trees will fall and when they do, they should remain where they fell to provide homes for small mammals, snakes, insects and fungi and return nutrients to the soil as they decay. These trees should only be cut if they present a safety hazard. Stumps should remain and trimmings should be made into brush piles to provide habitat and improve the health of the soil through decomposition.

The understory (also known as underbrush) is the layer of vegetation beneath the canopy and it plays a crucial role in the woodlot's health. Healthy understory supports forest biodiversity. Increased biodiversity improves the woodlot's resilience by ensuring that if one species is lost to disease or natural disaster, there are others that can fill the ecological gap. Improving resilience protects the woodlot from the effects of climate change.

The understory provides habitat and food sources for a variety of animals (including birds, mammals and insects). Birds depend on understory shrubs and trees for nesting and foraging. The understory prevents erosion and helps regulate the rate at which nutrients are released into the soil. This can help to reduce the amount of nutrient runoff, which can contribute to pollution in surrounding waterways.

Natural areas are often the only place left for native wildflowers to grow. Beautiful native flowers such as trilliums flourish in a healthy understory but it is important that woodlots not be seen as natural sources of flowers for our gardens.

Finally, the activity of pets should be restricted from woodlot areas. Domesticated pet cats and dogs off leash, as an example, should be restricted from wandering freely in woodlots and other natural areas where they can prey on birds and small mammals. Dogs can stress or kill both plants and animals.

I hope this article is informative and improves understanding of how fragile yet so valuable the Ontario woodlot stands are to our future.



## EEEEK! I LOST MY HARD DRIVE

Karen English

A few months ago, we had a power failure which somehow managed to damage my hard drive on my desktop computer. I was mortified. I took my computer in to my favorite technical support person and he managed to recover most of my data to a new hard drive. I discovered that although I was a good little girl and backed up all of my data – it wasn't enough.



I had Microsoft Office re-installed (including Outlook for my email) and learned a few things. I did not recover all of my contacts. Thankfully I had done a backup of them and was able to reload them. I had to add all of my email accounts that used to be there. I didn't have too much problem since I had recently helped someone else do the same thing, but you might require assistance. My view of the messages was different as well. That was not too important but I tried to shift things around in any case.

The next thing I found was that I no longer had Firefox as my web browser. I am not that fond of Microsoft Edge and Firefox was easily re-loaded. I no longer had my free Malwarebytes virus protection program so had to download it as well.

Then I found that my internet no longer had all of my favorites. That made sense since it was a new browser, but I remembered the important ones and re-added them. There were a few other tweaks I had to make, but for the most part I was able to just Google them and work it out.

Thankfully I did not have to re-install any drivers – since I don't know how. You never know what you are going to lose.

Here are some tips to help you prevent data loss from a hard drive.

- **Stop using the device** if you hear strange noises such as clicking or grinding sound.
- **Use antivirus software** to keep your machine free from malware. Many viruses and malware infections attack your computer and may result in data loss.
- **Backup your data** frequently to protect your information. This may allow you to recover most or all of your data without dedicated software or engaging a recovery service.
- **Keep the storage device** away from extreme heat or high humidity as these conditions can cause damage.
- **Verify all potentially destructive activities** like deleting files or formatting a partition to ensure you have the correct information. Carelessness can lead to inadvertent data loss that could have easily been avoided.

What can you lose: **All of your photos, videos, music, important files, and other documents are stored on the hard disk**, so these can get lost when your hard drive fails. So, the first thing you should do is make a backup of all the data in your drive. A drive crash can mean losing your files for good.

Back up all your data. You can also make use of Cloud storage services to back up all your data. Print or export a copy of your contacts. Take a picture of how you would like thing to appear, such as your email. Take a picture or list the names of all your important programs. Keep a record of all changes you make to your computers or your software. These basics should apply to any of your computing devices. Keep smiling!



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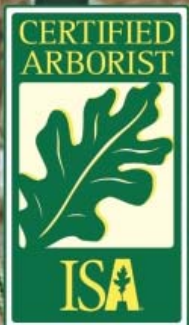


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**SMILE OF THE DAY!**

Dave McBride

I won't be impressed with technology until I can download food.

Have you ever noticed: The Roman Numerals for forty (40) are XL.

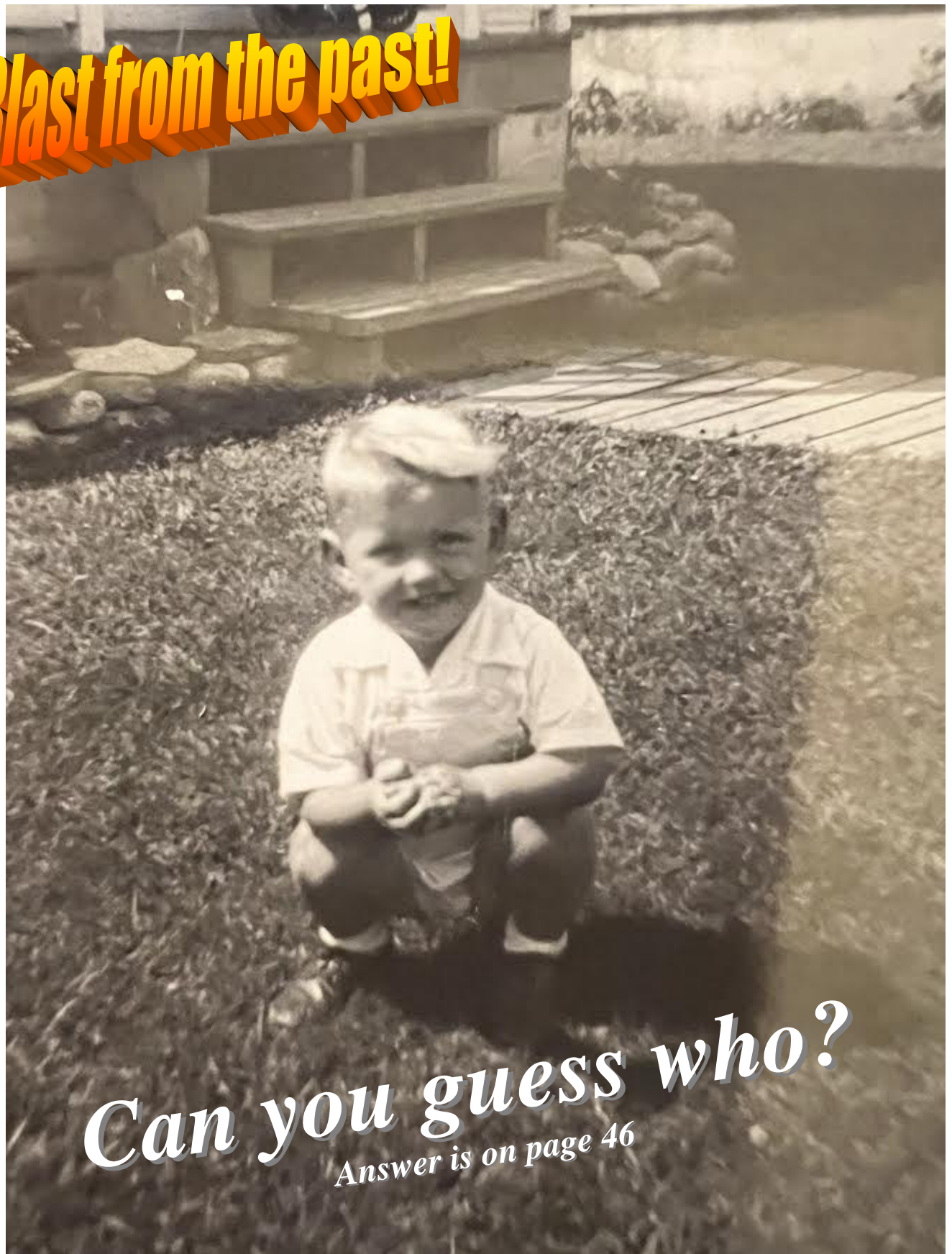
If you see me talking to myself, just move along. I'm self-employed; we're having a staff meeting.

The easiest way to find something lost around the house is to buy a replacement.





**Blast from the past!**



*Can you guess who?*  
*Answer is on page 46*





# Hair Loss ..... **Science trumps Sci-Fi**



Rosario Greco

*AH YES, I REMEMBER MY FIRST GREY HAIR.*

"I don't care what colour it turns," I told a friend at the time. "So long as it stays in my head."

Funny thing about hair: its absence has no effect on a person's mental or physical functioning; nor does its loss create inconveniences like those associated with declining hearing ("Pardon...?") or sight ("I swear my arms used to be longer!").

Instead, hair loss is an emotional issue, whether its cause is the predictable outcome of chemotherapy, or the result of medical conditions or genetics.

As a Certified Trichologist – the name for the science of hair and scalp – Rosario Greco understands both these diverse causes as well as the strong emotions, which accompany them.

Rosario was already an experienced stylist operating his own Port Perry salon when he began the study of trichology several years ago.

"I'd dabbled in hair loss prevention and restoration," he explains. "So I had an interest in trichology. When I saw that there was nowhere in our area where those services were offered, I set out to learn more."

Formal education, he soon discovered, would not be available nearby.

"I had to go to the US to study. It's that specialized." Speaking of the US, we also belong to the American Hair Loss Association.

Rosario likens his hair loss education to that of a doctor.

"I've studied for seven years,

and still have formal learning to do. It's both an art and a skill."

A trichologist, he says, works hand in hand with the client's dermatologist.

"I analyze the scalp and hair, while the dermatologist will look at the internal causes."

Among the many potential causes for hair loss, some are well known, others not.

"You probably wouldn't think of it as an obvious factor, but stress is a big-ticket cause of hair loss. Daily stress, yes, as well as a specific

trauma in someone's life. Or a person's hormones may be imbalanced – that reason's common in menopausal women - or maybe someone's lacking in iron.

"There are also scalp disorders: if your scalp's oily, dry, or you have a condition like psoriasis, it can lead to hair loss. Alopecia – where a person's hair falls out in scattered areas – is another possibility."

But cancer patients, he says, make up a sizable percentage of his clientele.

"I'd say at least a quarter, maybe half, of my clients have hair loss because of cancer treatments. While they're receiving chemo, I'll fit them with wigs or hairpieces. Others who've completed their treatments are looking to speed or improve regrowth."

Ancestry – the genetic component – is an unreliable predictor.

"There's no conclusive evidence that your likelihood of hair loss is the result of one side of your family tree or the other."

For clients who come to him with any among the myriad causes, Rosario's initial analysis – a 30-40 minute process done in private sessions for confidentiality – begins with a "scope" of the client's scalp.

"The machine will magnify the scalp so I can determine the best course of action. If the root is still



Rosario with one of the speakers at the World Trichology Conference held last June.







John, in the private room in the salon, before treatment.

present, regrowth is possible. But I can't 'plant a seed,' I need to have that starting point."

Based on his observations under the scope, Rosario will create a 3-4 month program.

"The client returns at the end



Rosario making a template for John's hairpiece.

"Those are the moments when I know that I've really done my job, and the time I feel best."

For generations, recovering a head of hair seemed like the stuff of science fiction. But no more. As it is with so many medical conditions in the modern world, the science has caught up with the science fiction. The impossible has become possible.

Just ask Rosario: he helps to make it happen nearly every day.

*By Scott Mercer, Focus on Scugog*

of that time," he says. "By then, I'm able to accurately assess if the program's working. I change it, if necessary, and continue to monitor progress. Overall – and of course every person's body will react differently – restoration will take six months to a year. This process is a long-term fix."

A restoration program may include lotions. Other times, Rosario will recommend laser bands, which stimulate the blood vessels in the scalp.

"We have many more, and better, tools than we had available even 5 or 10 years ago. We just need to raise awareness."

And at the same time, reduce stigma.

"A lot of men don't want to talk about hair loss, because it's stigmatized. Men make up less than half of my clients. But in some cases, their situation can be remedied."

Rosario points to a change in male attitude among generations.

"I'm seeing more younger men, teenagers even. As soon as they detect hair loss, they Google the topic and learn that there's scientific



Rosario uses a scope to analyze the hair of his clients.

help available. I can slow the rate of loss or begin a program of restoration. Younger men are more open to seeking help. But with the older generation, I hear more of a 'whatever' attitude."

Not every client can have his or her hair restored, he cautions. But those who do experience positive results make Rosario's work gratifying.

"I love what I do," he says. "I find it very rewarding, when I'm able to help my clients – whether the need's preventative, restorative, or with wigs, weaves, and hair pieces."

"I've had cases where the client has walked out crying tears of joy after successful treatment. You don't realize how important that aspect of a person's look is to him or her until you give it back."



John admiring the results of his treatment.



## FUR-TASTIC ANIMALS BY LINDA

Susan Allward

Linda Merriam has lived in Canterbury Common for eight years. She and her husband actually wanted to move to Uxbridge from Markham, but decided to expand their search and happily, found their house here instead. Linda likes to be busy and has always had something on the go, quilting, crocheting, and sewing. She has wintered in Mesa, Arizona for many years and that is where she took a class to learn to recycle fur coats into lovable toy animals. She was hooked, and continued to work on her skills, eventually taking over as the instructor for the Arizona group. She is happy to make a keepsake animal for the fur donor and sells her pieces to support her hobby. It takes her about a week to make a stuffed animal, as the material must undergo some processing, to ready it for cutting and sewing before she begins to construct the final product. The materials she has worked with include mink, seal, Persian lamb, mouton and recently she has started a project with leopard skin. The animals have eyes and noses that are childproof and firmly attached and the teddy bears have joints in the neck, arms, and legs.



Here are some pictures of Linda's animal friends:



When Linda is not sewing or crafting, she is hiking or dancing. She has been a member of a dance group for many years, and does square, round and line dancing. For those who might not know (like me) round dancing is choreographed ballroom dancing, which would be lovely to watch! Linda is leaving shortly for her winter home, and we wish her a safe journey and a fun but busy time, making new and beautiful pieces from old closet dwelling coats.





## MAGICAL CHRISTMAS MEMORIES

Christina Egginton

When I was a kid growing up in the 50's, we didn't check out TikTok to see what was trending for Christmas gifts like the kids do today. Instead, we anxiously waited for the day when we would make the trek from Scarborough to downtown Toronto via two buses and the subway to see the magical store windows at Eaton's and Simpson's while soaking in the spirit of Christmas. We would stand for hours gawking at the intricately designed electric displays, all the while wondering if any of these toys would make it to our homes for Christmas Day.



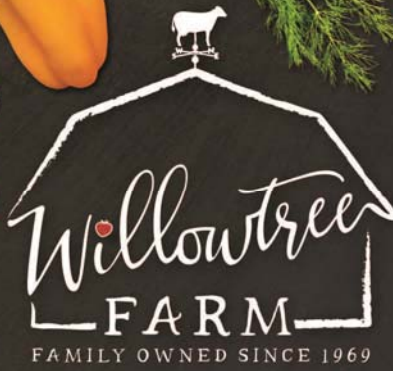
Afterward, feeling chilled in our dresses, coats, tights, boots, hats, and white gloves, we would go for lunch to The Arcadian Court on the 8th floor in Simpson's where we sat at tables with white tablecloths and cloth napkins. We were serenaded by a pianist on a grand piano playing classical music in the plush carpeted room with 40-foot ceilings and huge chandeliers. Those were special moments that many of us remember from our childhood.

I can't imagine that our grandkids today get that magical feeling of wishing and hoping for the things seen in those Christmas windows when they are searching Amazon for the things that their friends have told them about. They aren't able to soak in the exquisite dining experience when they hear the doorbell that tells them that 'Skip the Dishes' has dropped off their meal on the porch. I wouldn't trade my memories for anything as those were magical times!





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As another year comes to a close, we are happy once again to provide you with an update and to wish you well. It's been a very exciting and fulfilling year at the hospital and the Foundation.

Starting with some **News You Can Use** - If You Are Feeling Sick over the Holidays

With the colder weather, we are once more in the midst of the respiratory illness season. During this period, Port Perry Hospital and all healthcare facilities sees a surge in the number of more severely ill patients in our Emergency Departments. Therefore, we want to remind you of some alternative care options when dealing with mild or moderate illnesses aside from the Emergency Department.

Know your options!:

- **Call 811** or visit [Health811.ontario.ca](https://www.health811.ontario.ca) to
  - More easily find an urgent care clinic near you, and/or
  - Get advice 24/7.
- Visit the East Region Virtual Care Clinic at [VirtualCareOntario.ca](https://VirtualCareOntario.ca) or call **888-684-1999**.
- Call your family doctor.
- Call or visit your local pharmacist.
- If you think you have COVID-19, find out if you are eligible for testing at [Ontario.ca/assessment-centre-locations](https://Ontario.ca/assessment-centre-locations).

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**Know your options!**

- ✓ Call 811 or visit [Health811.ontario.ca](https://www.health811.ontario.ca)
  - Find an urgent care clinic near you.
  - Get advice 24/7.
- ✓ Visit the East Region Virtual Care Clinic at [VirtualCareOntario.ca](https://VirtualCareOntario.ca) or call **888-684-1999**.
- ✓ Call your doctor.
- ✓ Call or visit your local pharmacist.
- ✓ If you think you have COVID-19, find out if you are eligible for testing at [ontario.ca/assessment-centre-locations](https://Ontario.ca/assessment-centre-locations).

**DURHAM** **Lakeridge Health**

If you or your loved one are severely ill, call 911 or go to your nearest emergency department.

In the case of a medical emergency, continue to go to the nearest Emergency Department.

CT Scanner Update

Our long-awaited CT Scanner arrived and was installed in June 2023. Within the first four months of operation, over 1000 patients received CT scans at Port Perry Hospital, averaging 8+ scans per day. What a difference it's made already.

For patients in hospital beds and those presenting in Emergency that need a CT scan, having the scanner at Port Perry has stopped our need to redirect patients to other hospitals for their procedure in all but a very few select situations. It is indeed a game changer for our most urgent and vulnerable patients. Access for outpatient CT scans at Port Perry has been a work in progress, increasing month over month, and at time of writing this letter, appointment access is meeting demand.

There is no greater project than this in demonstrating the impact of community support. Thank you to everyone who helped bring CT to Port Perry.



## Healing Garden Update

Our Healing Garden is now in winter hibernation. It was completed mid-September, except for the Indigenous Planters which will wait until spring when we anticipate some guidance on cultivating Indigenous medicinal plants. Since completion, the garden has brought joy and solace to patients, families, and staff with many expressing their delight to Port Perry staff.

We're excited about the official spring opening. The Healing Garden is set to enhance patient care for years to come.

## Ho Ho Holiday Season



If you are a regular donor to the hospital, you've likely received our holiday letter in your mailbox. This year's letter is a little bit different. It's from Marc Gibbons, a patient and community member who wanted to share his story.

If you didn't receive a mailed letter, you can read it on our website at: <https://www.pphfoundation.ca/marcs-story> (under the News tab).

Marc is an inspiration and we hope you'll join him by lending your support to the hospital this holiday season.

Our heartfelt thanks for your support of healthcare close to home. Wishing you and your loved ones a joyful holiday season. Merry Christmas to all who celebrate!

Here's to a happy, healthy 2024.

Handwritten signature of Rachel Agnoluzzi in blue ink.

Rachel Agnoluzzi, CEO, Port Perry Hospital Foundation

To support your hospital and medical team please, donate at [pphfoundation.ca](http://pphfoundation.ca), call our office at 905-985-7321 x45580 or send a cheque payable to Port Perry Hospital Foundation, 451 Paxton St, Port Perry ON L9L. Donations made or postmarked December 31<sup>st</sup> are eligible for a 2023 charitable tax receipt.



**Wishing you a safe and happy Holiday Season !**



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It is with immense gratitude that we share an update from Oak Ridges Hospice with Canterbury Common community members. We want to thank each and every one of you for supporting Oak Ridges Hospice since the beginning. To date, we have been able to provide our services and support to over 200 community members and their families from across Durham Region. The hospice continues to develop with new programs becoming available to assist with grief and bereavement services.



In April 2023, we welcomed our new Supportive Care Counsellor, Hannah Carlson. Since coming into her position at Oak Ridges Hospice, Hannah has introduced many new initiatives and programs to support our residents and their families. We also welcomed our new Kitchen Supervisor Mary Brooks to Oak Ridges. Mary, (or Mare as many call her), works hard every day with her powerful team of kitchen volunteers to create and make new recipes to share. So often when you walk into the hospice, you'll be greeted with the aroma of fresh baked goods or homemade soups.

Our Volunteer Coordinator, Cheryl coordinates all our wonderful volunteers! We currently have approximately 100 volunteers and are always looking for volunteers! We have volunteers in almost every aspect of Oak Ridges Hospice. All roles include Kitchen, Direct Support, Administrative, and Grief & Bereavement. Our volunteers, support Staff, residents, and their families.

At Oak Ridges Hospice, we pride ourselves on being truly a "home away from home". For our residents, our private care suites are outfitted with homelike furnishings, with windows looking out onto our grounds. We encourage residents and their family members to bring small moments from home to make their time with us more comforting. This has included pictures, clothes, small figurine, etc.

Our amazing and dedicated clinical team are on-site to provide around-the-clock care and support. Our doctors are on call 24/7 to ensure the care needs of each resident are being met. There will always be someone available to make sure residents and their family members are comfortable and getting what they need. We encourage our residents and their families to never hesitate to ask for anything!

When all care needs are being met, family members are able to step out of their caregiver role and focus on spending meaningful time with their loved one. Whether just sitting and talking, watching a sports game as a family, sharing a favourite meal, or hosting a special event, we make sure everything is taken care of so they can be present in the moment. We are so proud that our services are available to everyone, from any socio-economic background. There is no cost to stay at or receive support through Oak Ridges Hospice. This is largely thanks to our community of generous supporters, like you!



If you are interested in learning more about the hospice, volunteering or donating, please don't hesitate to get in touch! All our contact information can be found online at [oakridgeshospice.com](http://oakridgeshospice.com) or give us a call at 289-225-0202. We are always happy to host tours of the hospice. If you're interested in seeing Morgan and Sidhu house in person, please let us know! We'll be sure to point out the Canterbury Common Residents' Association recognition on our donor

wall. Once again, thank you so much for your ongoing support and helping us provide compassionate comfort and end-of-life care at Oak Ridges Hospice!





## TELEPHONE LIST UPDATES

20 Candlelight - Marsha & Peter Huk	289-660-8442
57 Candlelight court - Rein Aaslep	905-914-0671
12 Commons - Linda Merriam	416-999-1593
33 Commons - Peter Anderson	905-904-1429
48 Coulter - Nirmal Mailvaganam + Janany Yogorajah	tba
10 Holtby - Antonio Di Bratto	416-996-5143
10 Holtby - Susan Di Bratto	416-576-1426
22 Holtby Court - Foad Amreei	647-501-5418
22 Holtby Court - Panta Babelmorad	289-356-3232
37 Holtby Court - Ken Kirk	416-528-5871
38 Holtby Court - Craig Spencer	905-862-8106
54 Holtby Court - Zahid Rashid	tba
54 Holtby Court - Jovita Caballero	tba
57 Holtby Court - Eric Eeuwes	905-409-0926
57 Holtby Court - Kimberly Eeuwes	905-409-0927
86 Holtby Court - Lena & Clifton Brown	647-287-4143
31 McCaw court - Bryan Saretzky	905-903-0249
38 McCaw court - Mike Howlett	416-303-3617
38 McCaw court - Cathy Bradley	647-292-2284
20 South Garden court - George Clapham	289-356-2825
20 South Garden court - Rowena Fowler	289-356-0348
87 South Garden court - Ed Smurthwaite	905-868-7692
99 South Garden court - Bill Gerber	289-385-3799
99 South Garden court - Shannon Gerber	905-244-3799
107 South Garden court - John Eplett	705-760-5209
38 Waterbury Cres - Katerina Pollock	289-221-9974
38 Waterbury Cres - Stephen Mulder	289-221-9974
120 Waterbury Cres. - Kim Woods	905-715-6864
203 Waterbury Cres. - Joy Mills	905-924-2257
319 Waterbury Cres - Brenda Smith	905-839-0169
319 Waterbury Cres - Mike Smith	647-960-6398
387 Waterbury Cres - Lou Bagatto	905-914-4664
387 Waterbury Cres - Sheridan Bagatto	905-424-9067

## CHRISTMAS CAROLS

Nora Senechal

Have you ever wondered how old Christmas Carols are? It seems that they began in the 14<sup>th</sup> century. At that time there were carols for many seasons and feasts but over the years only the Christmas Carol has survived. Carols tend to be religious in nature and many have gone through many changes over the years. Many of the early carols can be traced to Latin, English and possibly even German sources. They have been translated into many languages so that all are able to enjoy them. I think my favourite Christmas Carol is Silent Night...what is yours?



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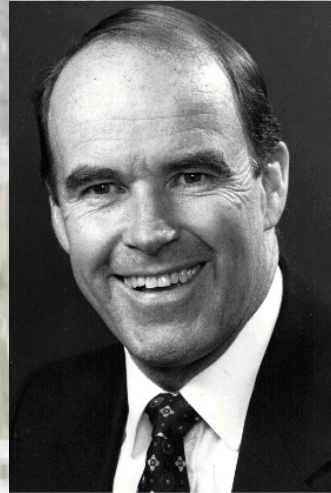




**In Memoriam**



Chuck Laidley  
October 2, 2023



Ron Belton  
October 19, 2023



Donald Phillips  
October 28, 2023



Tony Suchy  
November 24, 2023



# Canterbury Common Residents' Association



## Board of Directors 2023 - 2024

<b>President</b>	Lou Rocha	<b>Finance</b>	Jim Cushnie
<b>Vice-President</b>	Malcolm Ward	<b>Governance</b>	Todd Glenn
<b>Secretary</b>	Carole Johnson	<b>House and Property</b>	Malcolm Ward
<b>Treasurer</b>	Jim Cushnie	<b>Municipal Affairs</b>	Phil Egginton
<b>Administration</b>	Suzanne Brolley	<b>Social</b>	Dorothy Bull
<b>Communications</b>	Susan Allward		

## Committee Chairs 2023 - 2024

<b>Administration</b>	Suzanne Brolley	<b>House &amp; Property</b>	Malcolm Ward
<b>Communications</b>	Nora Senechal/Susan Allward	<b>Municipal Affairs</b>	Phil Egginton
<b>Finance</b>	Jim Cushnie	<b>Social</b>	Lauren Maher
<b>Governance</b>	Todd Glenn		

## *The Chronicle Team for the Winter Issue*

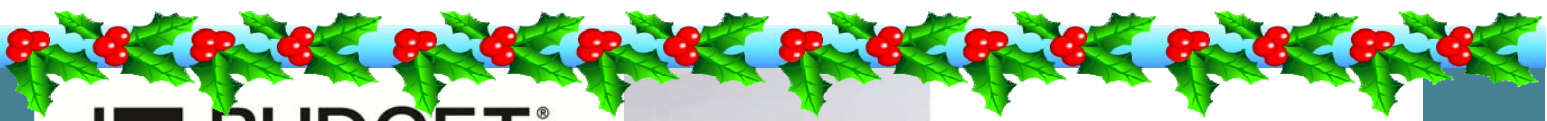
<b>Chair</b>	Nora Senechal	<b>Webmaster</b>	David Streeter
<b>Treasurer</b>	Karen English	<b>Photo Coordinator</b>	Lou Rocha
<b>Editor</b>	Linda Porter	<b>Distribution</b>	Dot Clark
	Christina Egginton (Temporary Editor)	<b>Posters</b>	Christy Cox
<b>Submissions Coordinator</b>	Christina Egginton	<b>Bulletin Boards</b>	Alice Lynch
<b>Advertising</b>	Wendy Lang	<b>Committee Support</b>	Joan Cushnie
	Nora Senechal		David McBride
<b>Layout / Preparation</b>	Wendy Lang		Dave Brolley
<b>Secretary</b>			Frances Hurst

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Answer is: Phil Egginton







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